



[akfireconsortium.uaf.edu](http://akfireconsortium.uaf.edu)

Alison York, coordinator

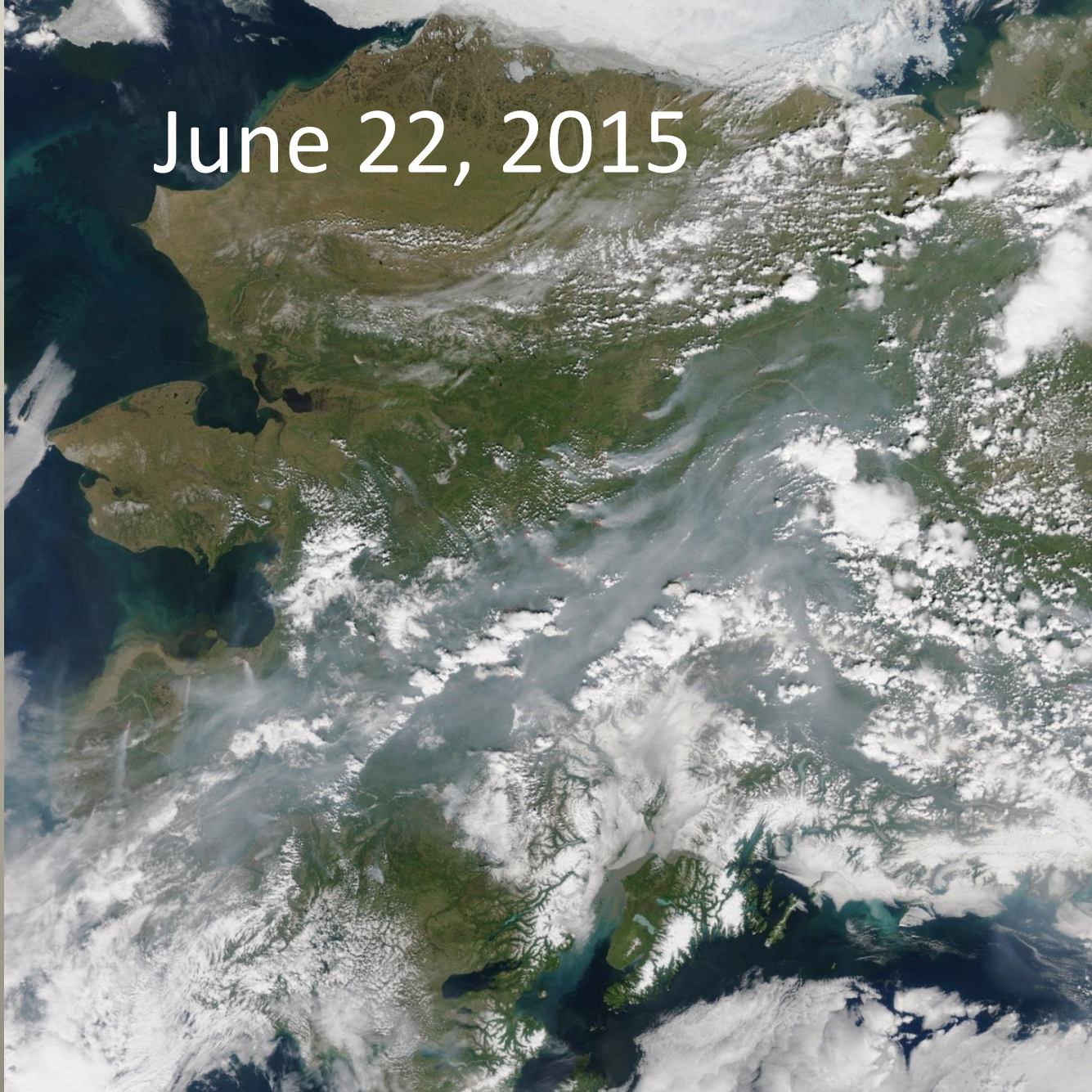
*Thanks to Randi Jandt, Martin Stuefer, and  
Stacey Cooper for content*

*April 18 ACCAP webinar at  
[accap.uaf.edu/Wildfire\\_Smoke](http://accap.uaf.edu/Wildfire_Smoke)*





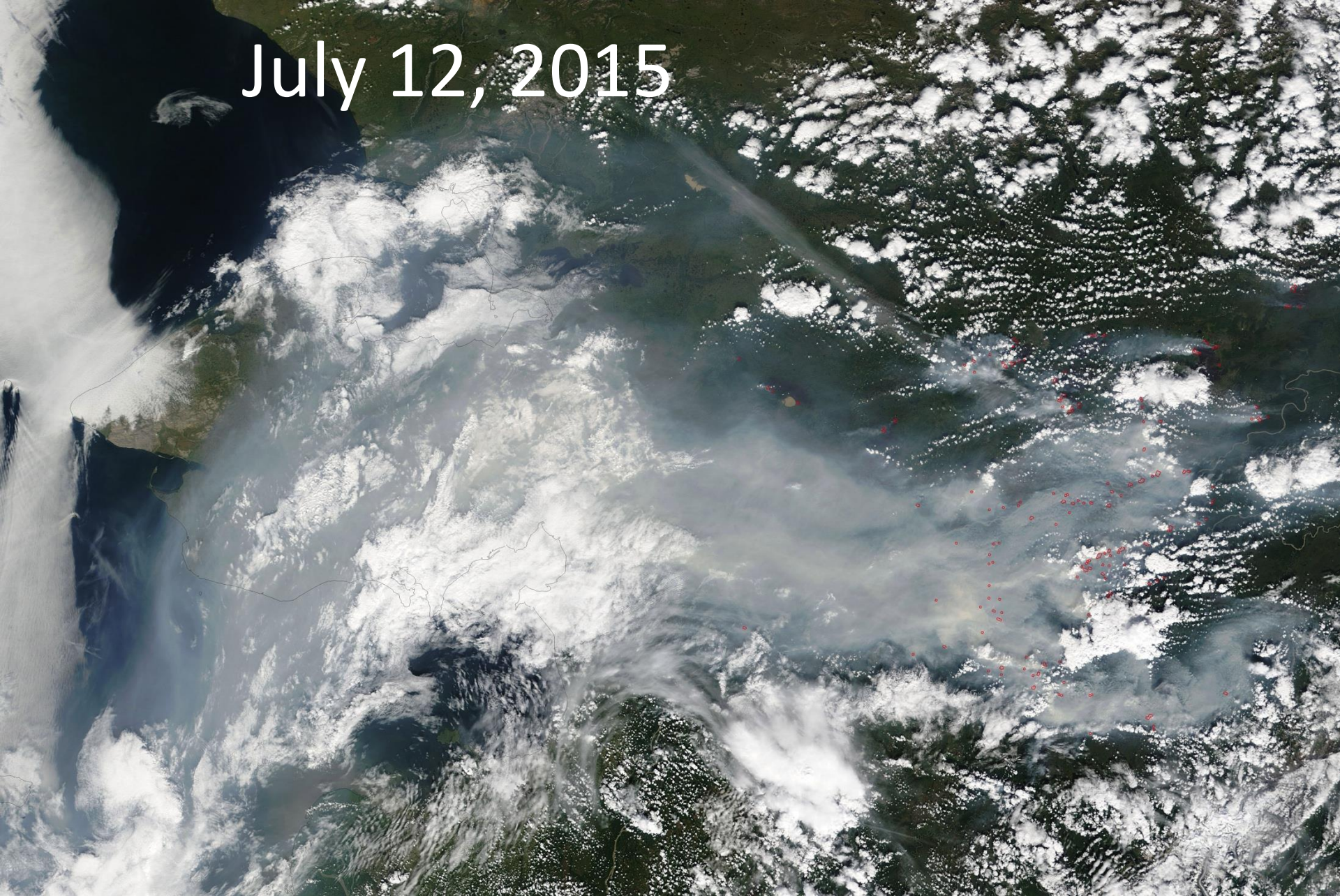
June 22, 2015



MODIS. NASA Earth Observatory image by Jesse Allen, using data from the Land Atmosphere Near real-time Capability for EOS (LANCE).



July 12, 2015



MODIS. NASA image by Jeff Schmaltz, LANCE/EOSDIS Rapid Response



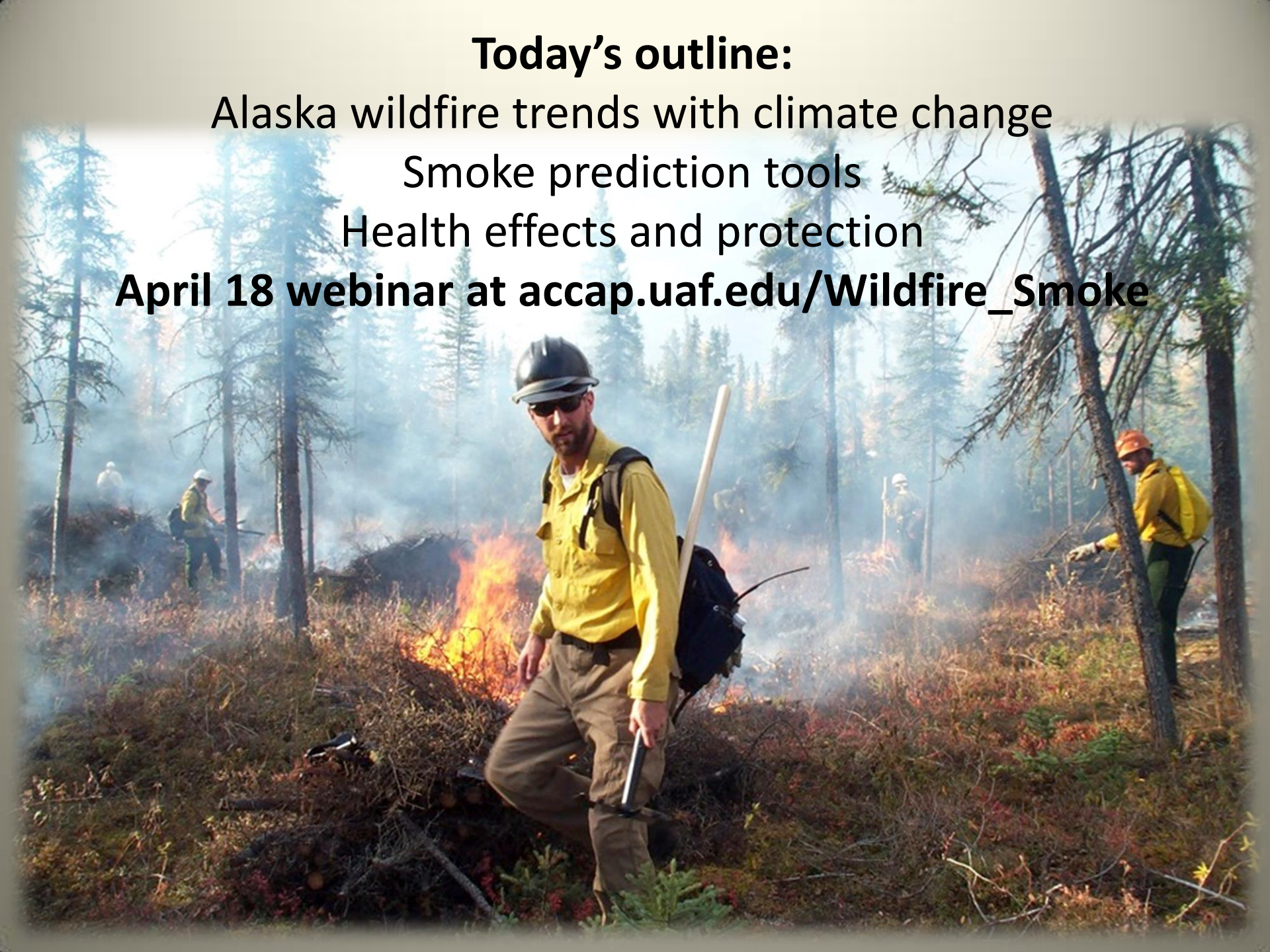
## **Today's outline:**

Alaska wildfire trends with climate change

Smoke prediction tools

Health effects and protection

**April 18 webinar at [accap.uaf.edu/Wildfire\\_Smoke](http://accap.uaf.edu/Wildfire_Smoke)**





<http://akfireconsortium.uaf.edu>

Mission: *Better collaboration  
between fire science and fire management*



**ALASKA**  
FIRE SCIENCE  
CONSORTIUM

*Photo by Rob Allen*

# Warming climate effects on wildfire in Alaska

Randi Jandt, Fire Ecologist, UAF





# Changes in the environment . . .

- 
- ✓ Temperature
  - ✓ Rainfall
  - ✓ Ignitions
  - ✓ Season Length
  - ✓ Fire Behavior

*Photo credit: Tom McCabe*



# Twice as many large fire seasons now

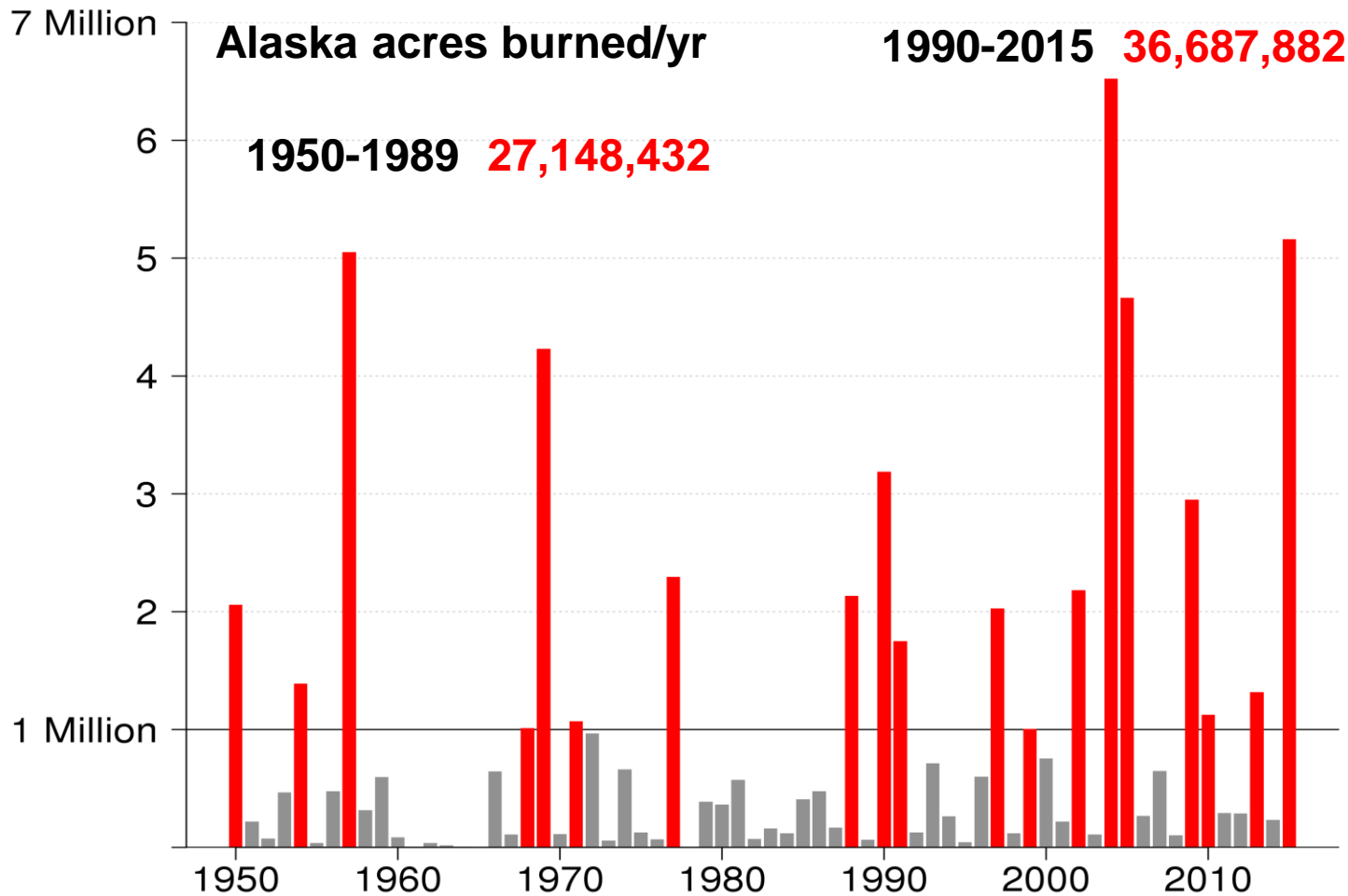


Photo: Trevor Kauffman, AK-  
DOF, Card Street Fire 2015



# Alaska warming 2x as fast as the rest of the US

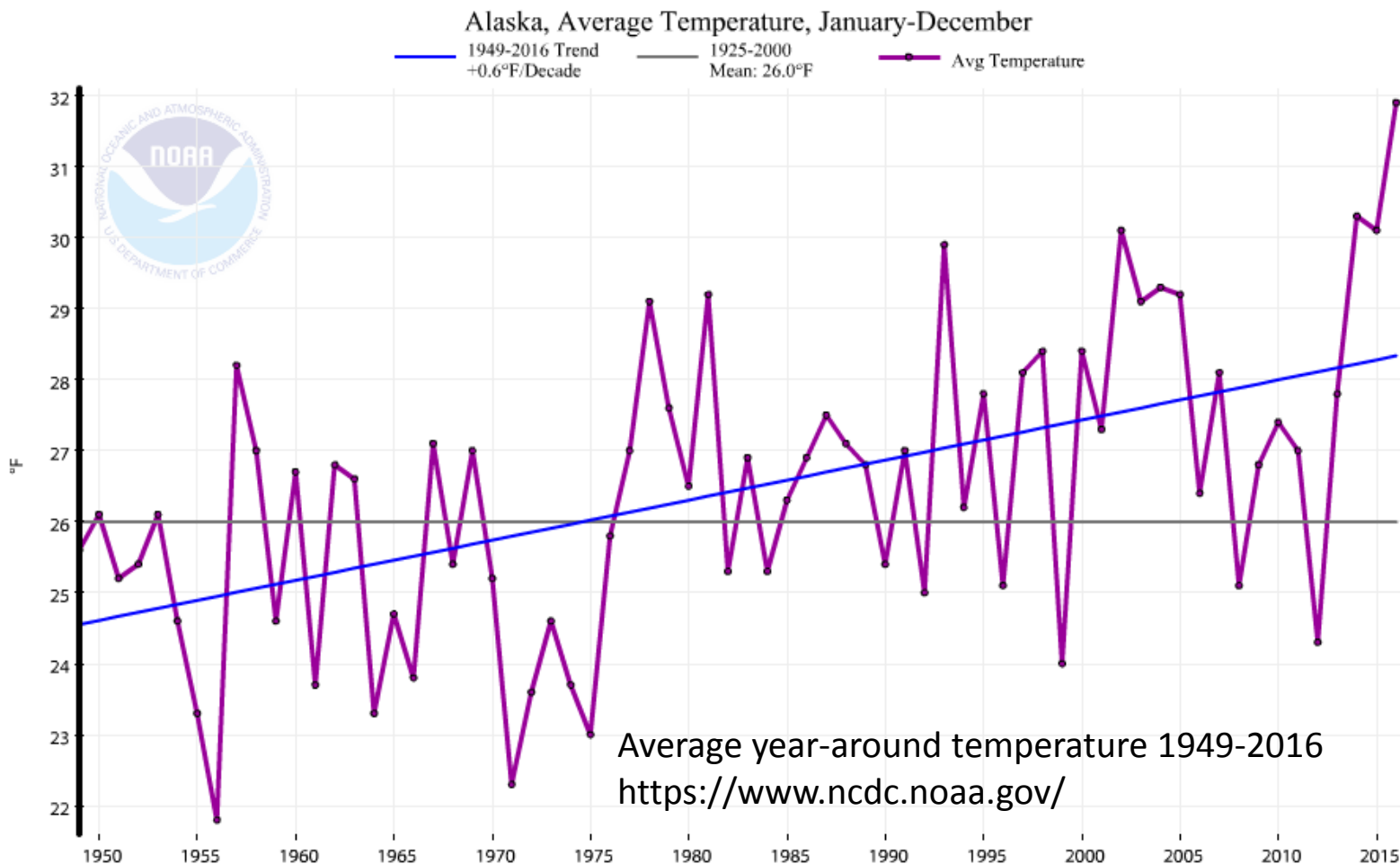
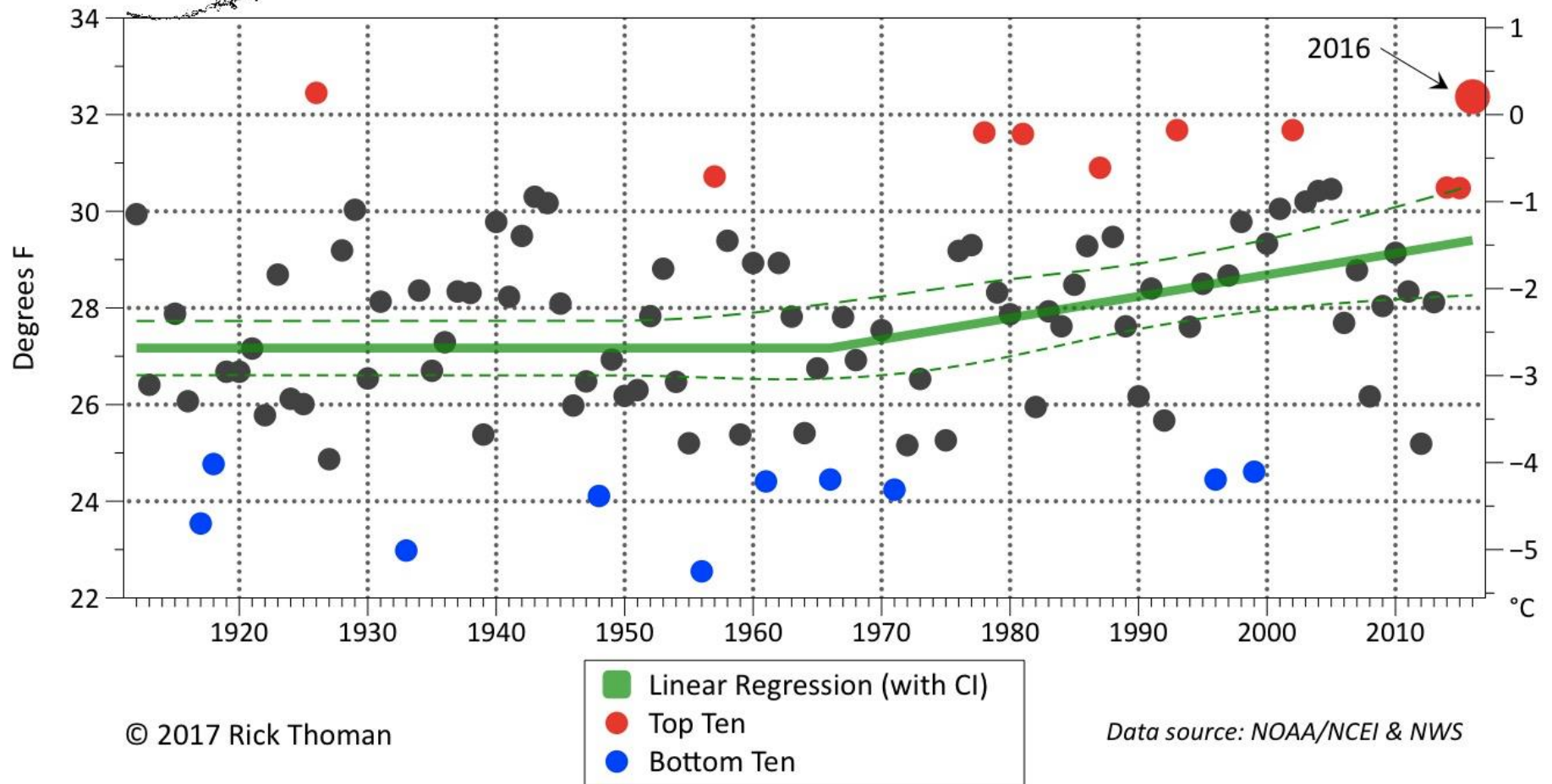


Photo by Holly Krake,  
2015



## Fairbanks (UAF Exp Station), Alaska Average Annual Temperature, 1912-2016





**More heat = drier fuels = more combustion**



May 2016 Ft. McMurray Fire  
Photo by Jonathon Hayward, The Canadian Press



# Moss duff -- 2-4x more biomass than trees!

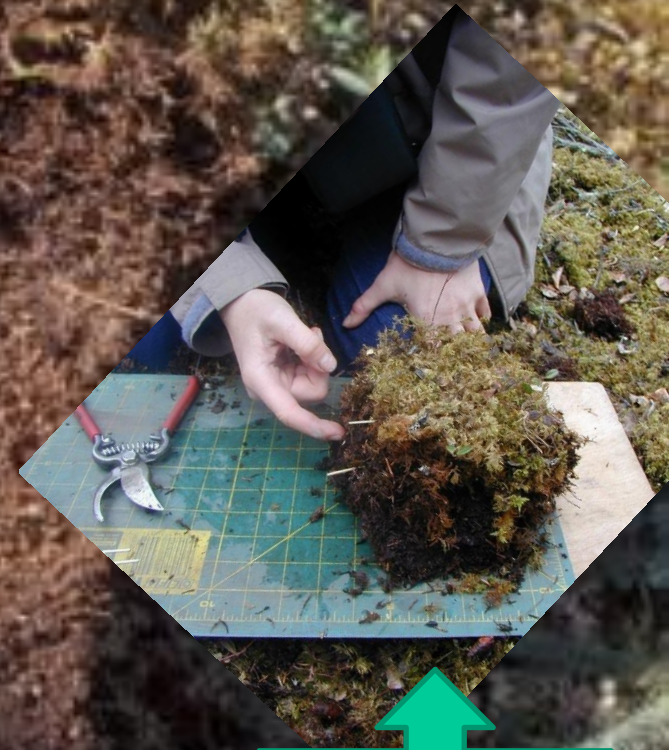
Live Moss

Dead Moss

Upper Duff

Lower Duff

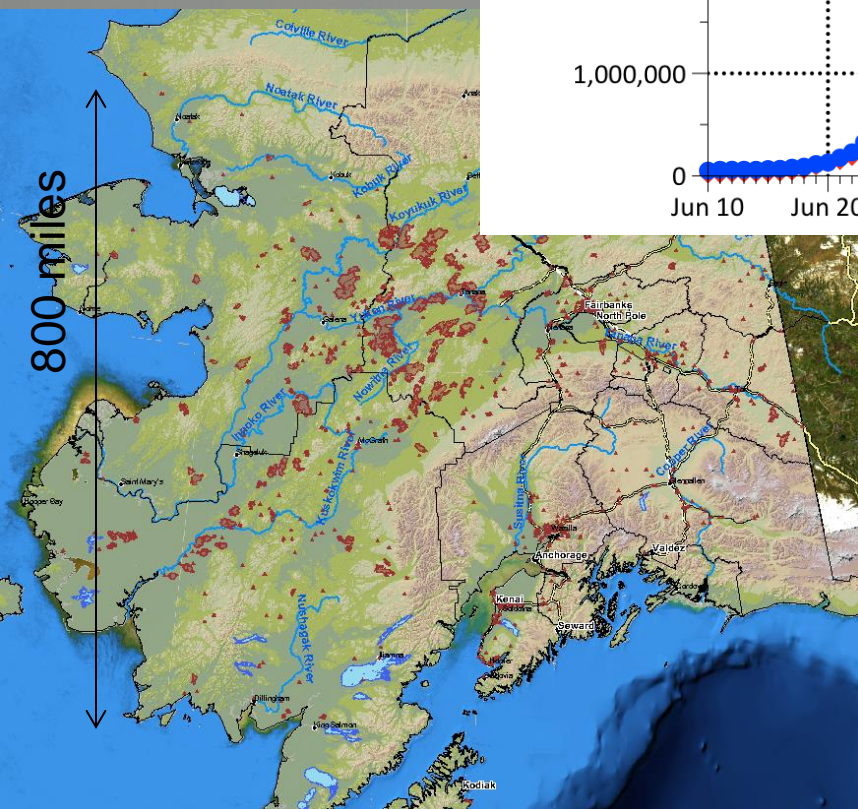
Mineral Soil



Forest floor  
moss “duff”



# 2015 Fire Season



## Alaska Wildfire Cumulative Acreage 2004 vs. 2015

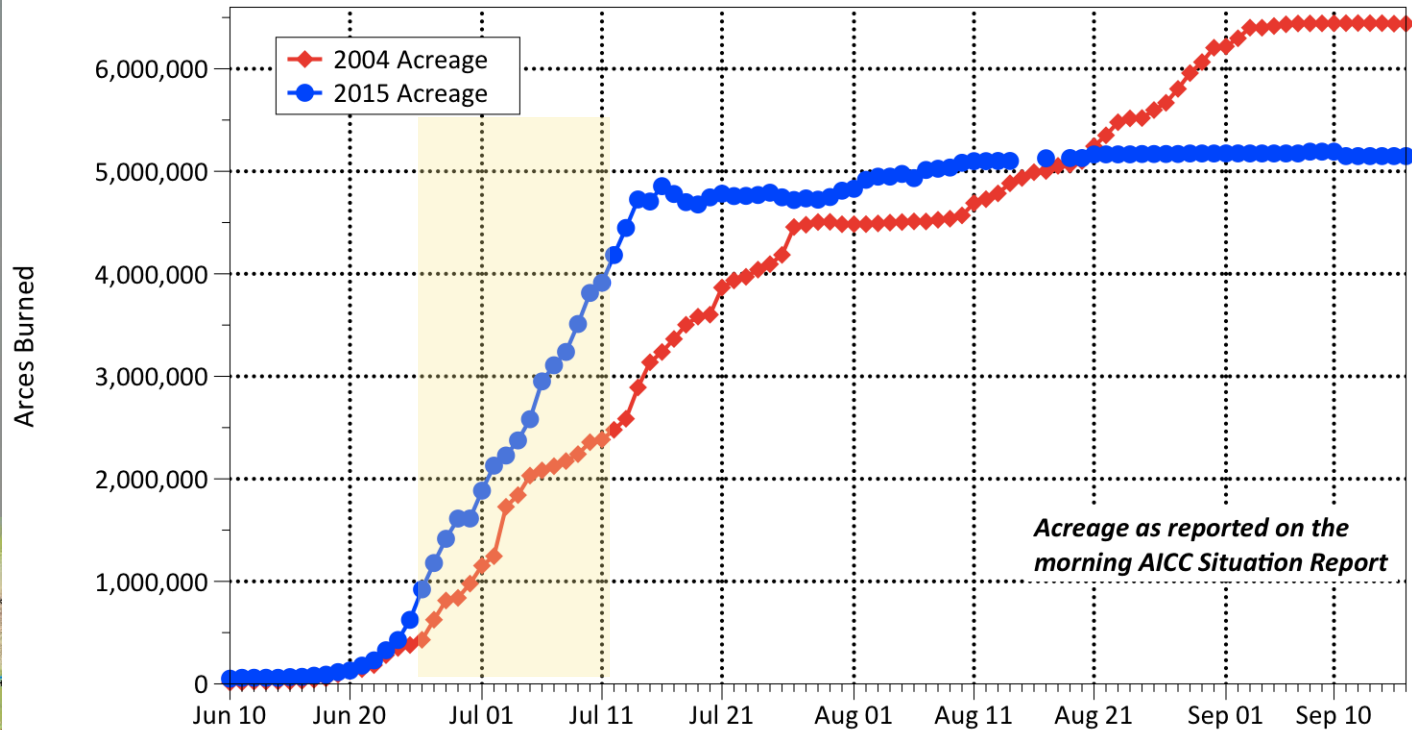


Figure by Rick Thoman, NWS  
Alaska Climate Center

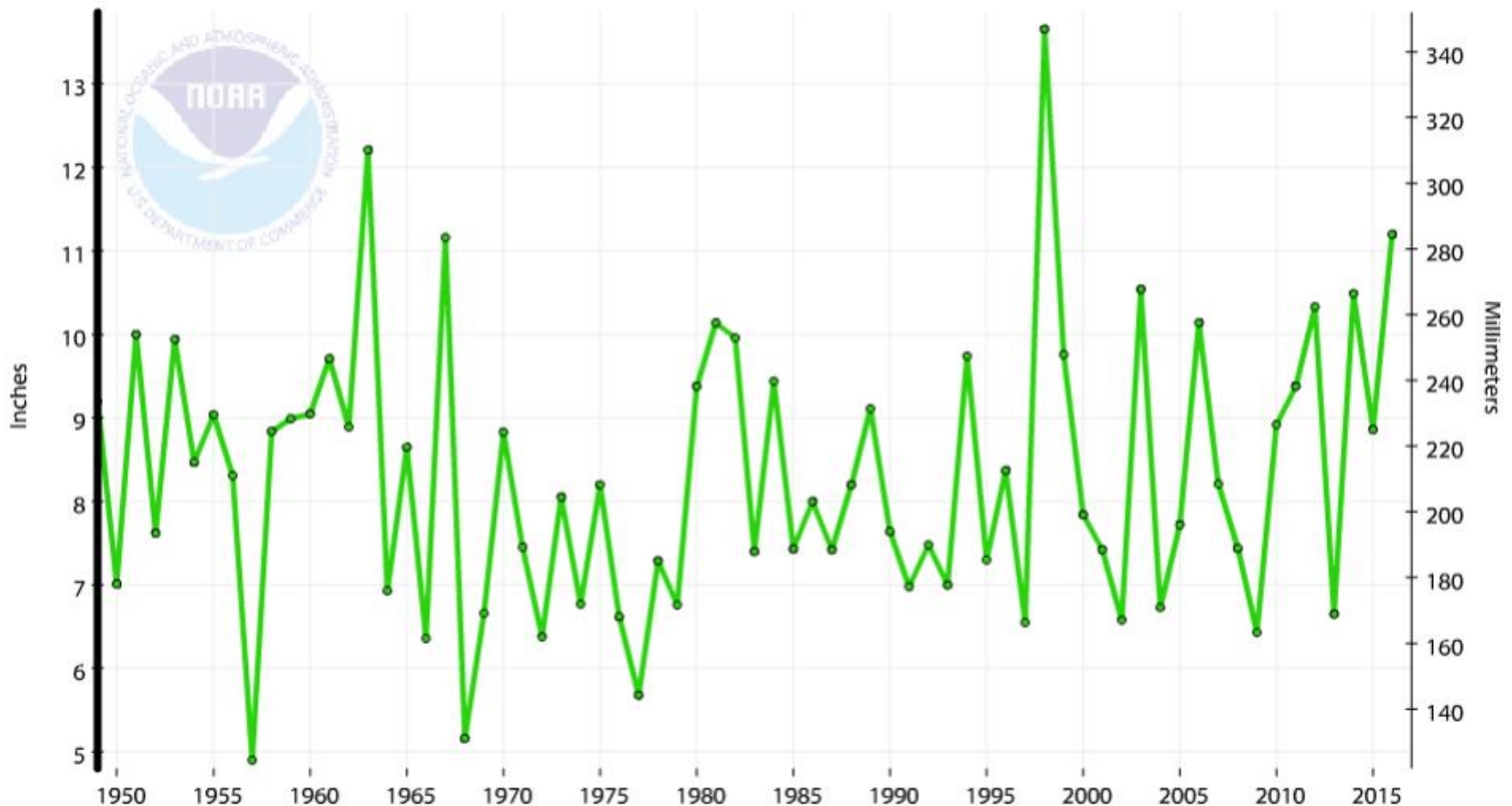
- 295 fires ignited in 1 week
- 5.1 million acres burned
- Smoke all the way to east coast!

# Climate models tell us to expect more rainfall, but . . .

Not much change since 1949 in central Interior

↑T° leads to more “Effective”  
Drying: need **15% more rain** to  
offset 1.8° F increase in T°

Central Interior Alaska Precipitation, May-August





# Research predicts increased lightning: ~ 12% per C° of warming



*Romps et al. 2014, Science*

2015: one **day** in June had 15,000 strikes; week of 6/19 saw 61,000 strikes!

# Longer Fire Seasons



October 18<sup>th</sup>, 2016

**Interior Alaska has more snow-free days.**

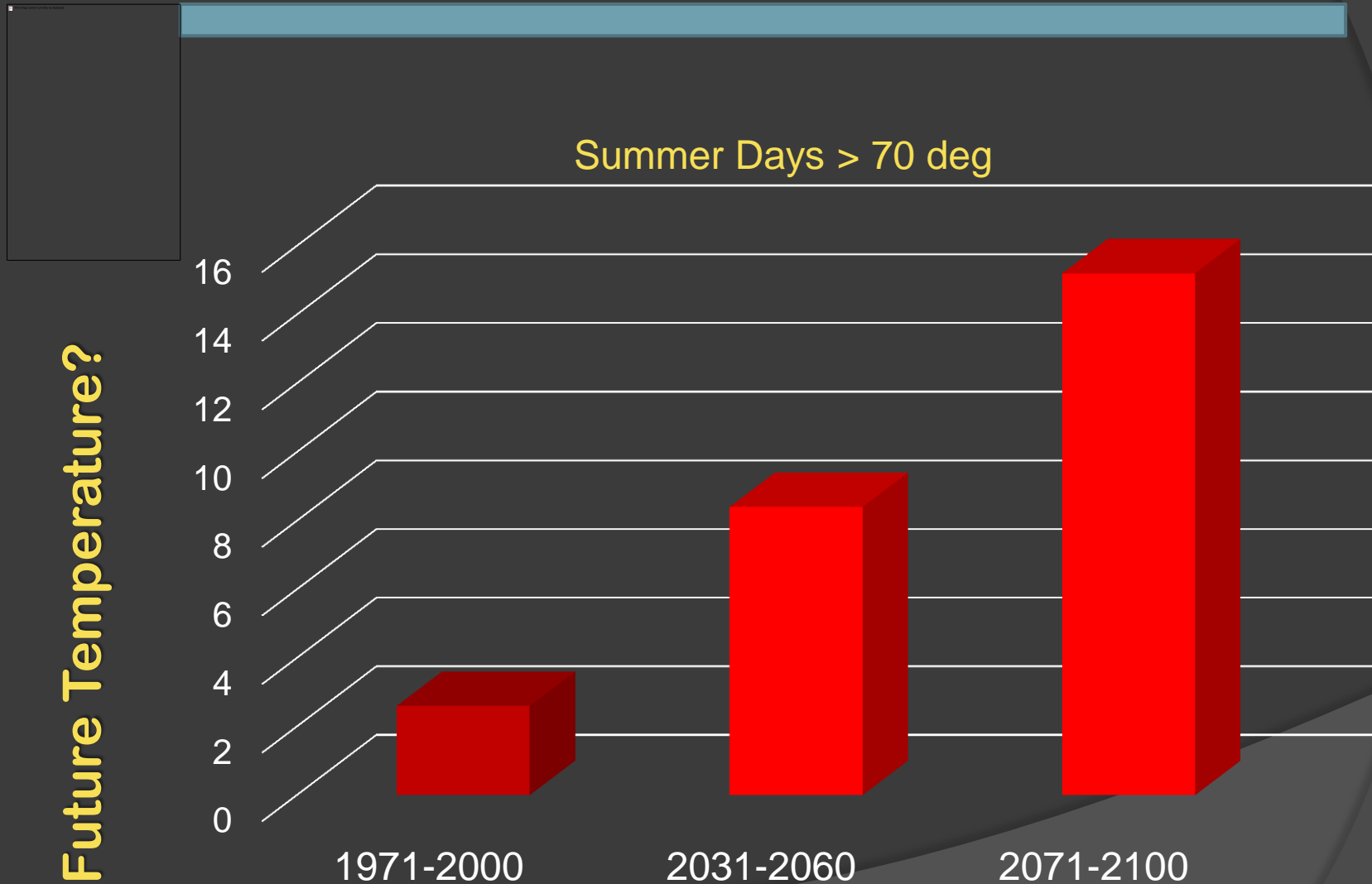
Break-up ~ 1-2 days earlier/decade  
& snow cover ~2-5 days later/decade.

April 17<sup>th</sup> 2016—Fire jumped on Knik R near Palmer.  
Photo Amy Breen, Researcher, UAF



# Fairbanks: Daily *average* Temp **70°F** or warmer in:

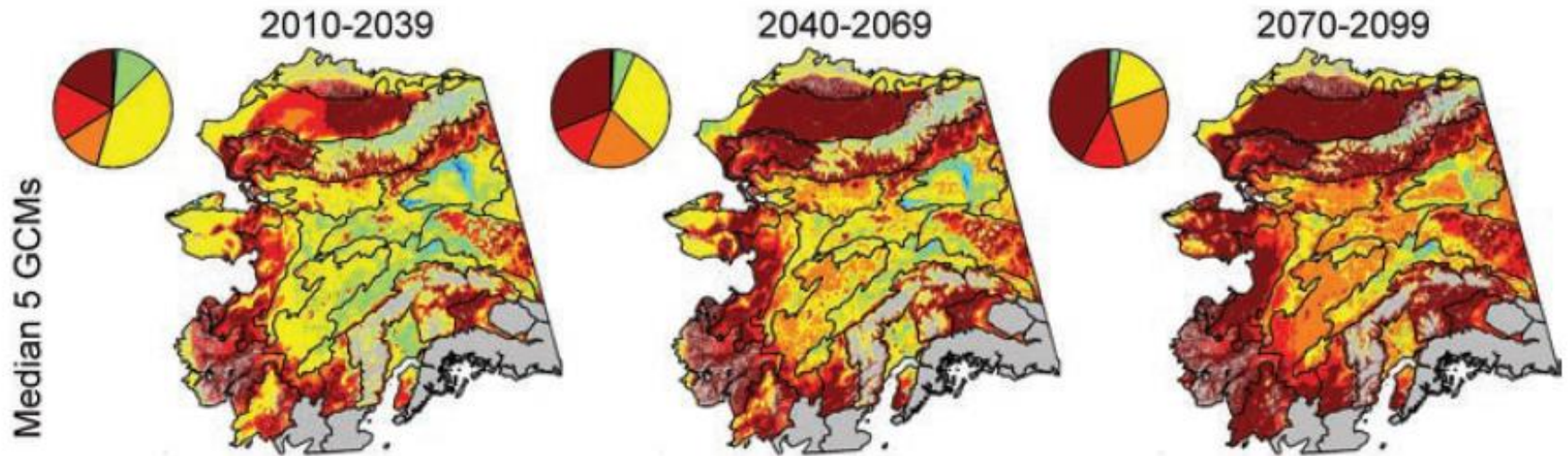
“1971-2000”      2031-2060      2071-2100



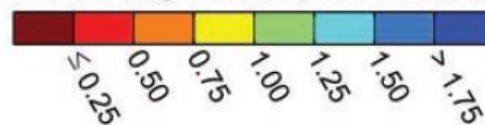
Data courtesy: John Walsh, UAF

# Future: How much burning?

- ▶ Yue, et al. 2015: Equations predict a 2.5x increase in **burn area** in Boreal Interior & 4.8x increase in Boreal Cordillera in Alaska
- ▶ Young, et al. 2016: Most of Alaska will see 2X increase in 30-yr **burn probability**, with some areas increased 4X or more.



Relative change in FRP (Future/Historical)



Excerpt from Fig. 7, Young et al. 2016. *Climatic thresholds shape northern high-latitude fire regimes and imply vulnerability to future climate change*. *Ecography* 39: 1-12.



PM2.5 of 1,000 $\mu$ g/ml

Smoke &  
Health  
Impacts



# Air Quality Impacts?



SEUNG HYUN LUCIA WOO

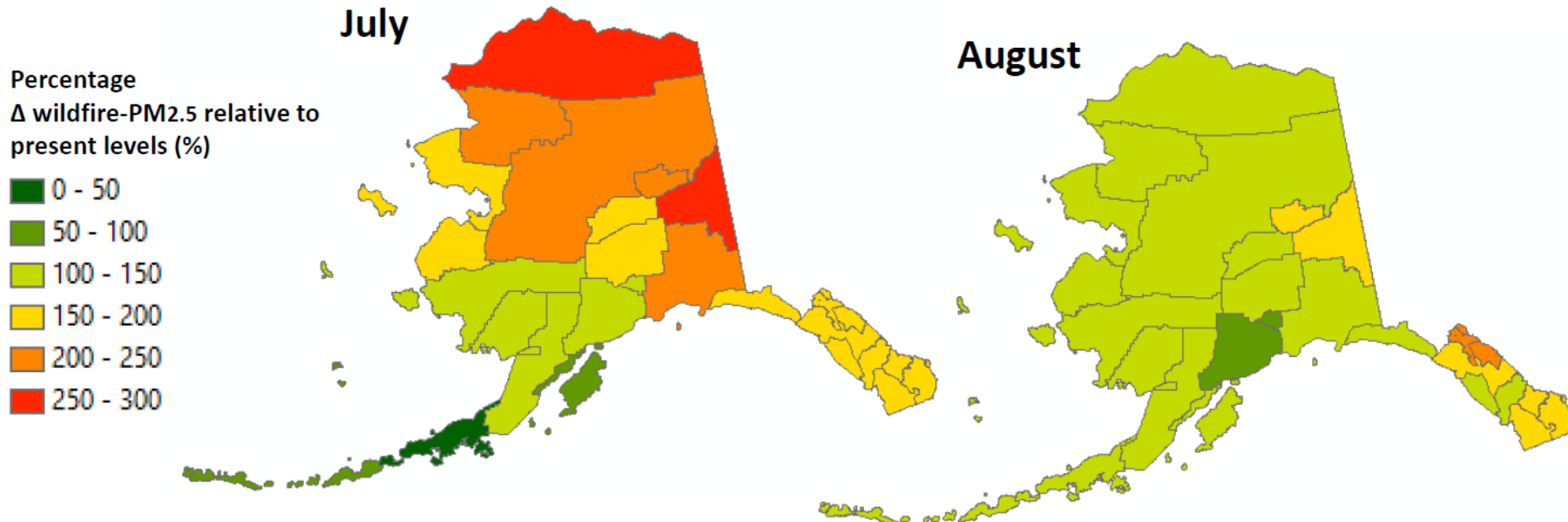
YALE SCHOOL OF FORESTRY & ENVIRONMENTAL STUDIES

IARPC WILDFIRES TEAM MEETING, 12 MAY 2016



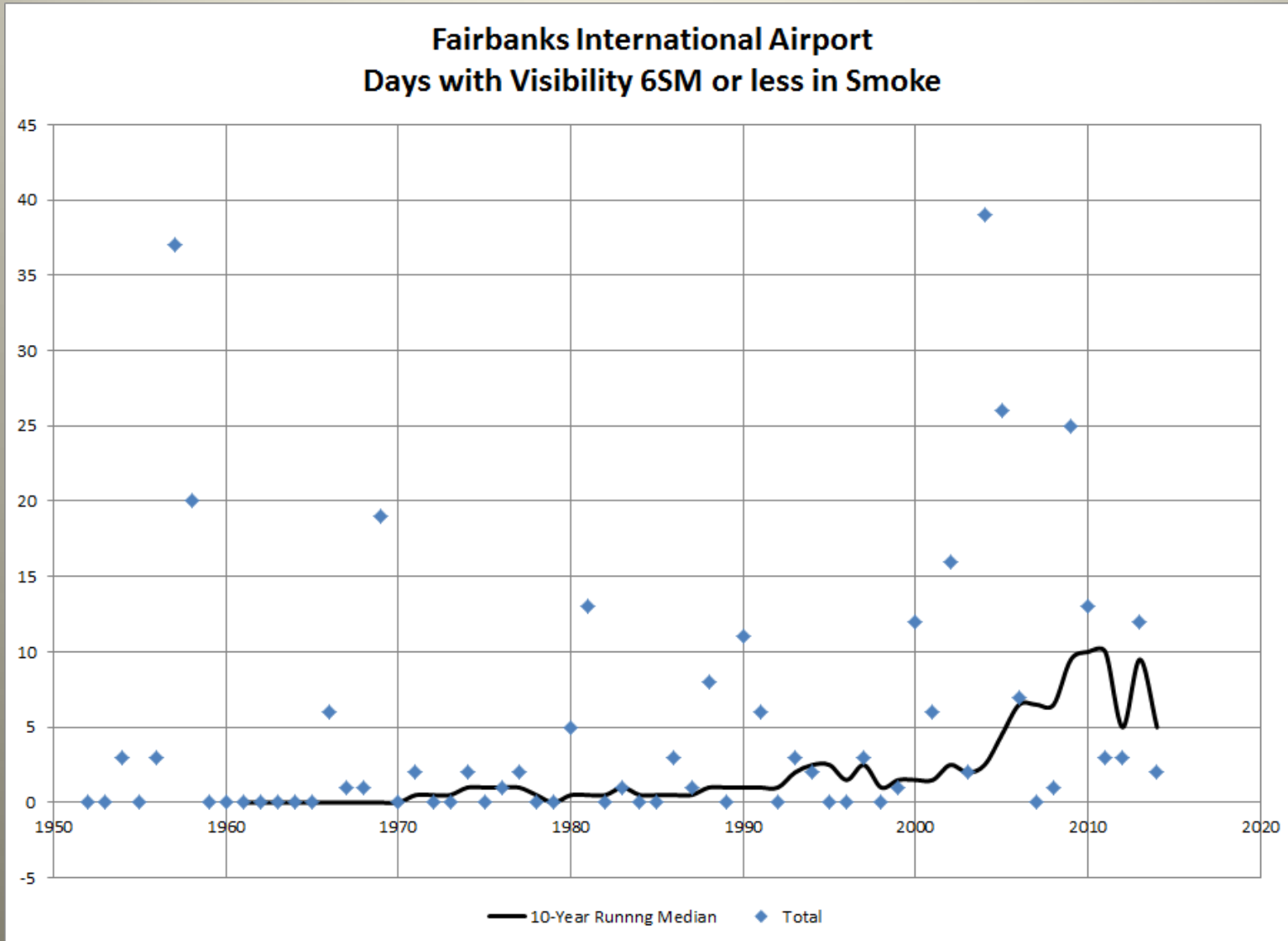
PRELIMINARY

Most of Alaska will experience at least a **doubling** (light green) of fine particulate smoke (PM 2.5) exposure with climate-induced wildfires by 2050 (relative to 2000).

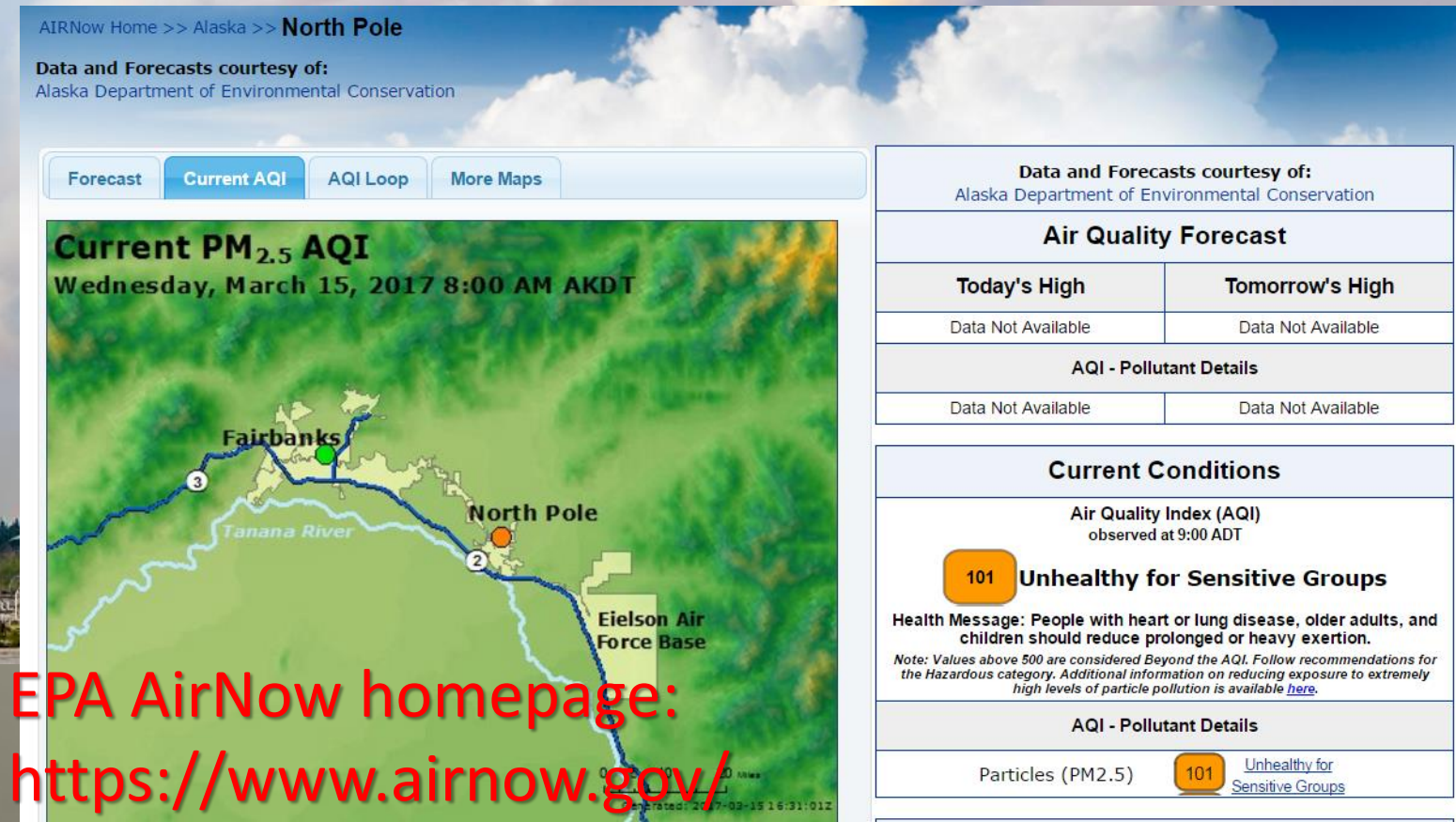




# Any evidence for increased smoke impacts?



# Can I find out what my air quality is right now?







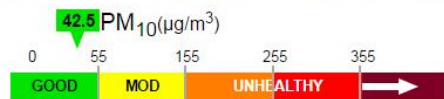
# Alaska Department of Environmental Conservation Division of Air Quality

State of Alaska > DEC > Air Quality > AOS > Air Quality Summary > Air Quality Detail

## Air Quality for FNSB NCORE



Predominant Pollutant (4/13/2017 10:23 AM)



Serving Area



[Click for Station Detail](#)

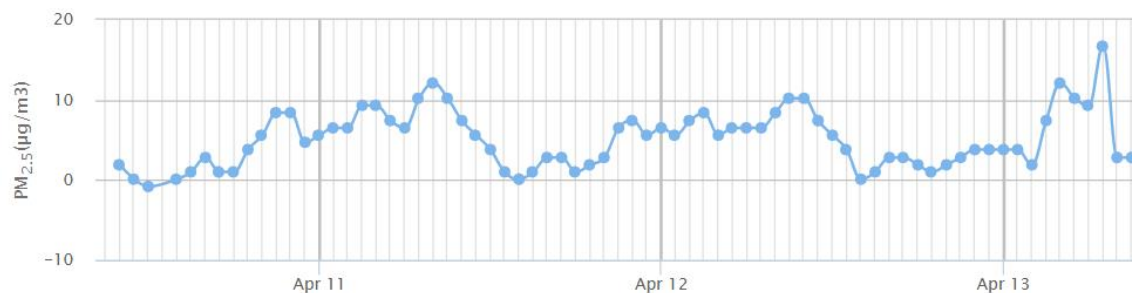
### Health Effect Categories



[Explanation of Categories](#)


- ✓ Also air quality alerts statewide
- ✓ Tips on mitigating exposure risk

PM<sub>2.5</sub>(μg/m<sup>3</sup>)




# Smoke Reports on Local Environmental Observers Network


[Observations](#) [About](#) [?](#)




[Sign In / Join](#) [English](#)





**Wildfire**  
Willow, Alaska,  
United States  
JUN 14, 2015







**Wildfire Smoke**  
Wasilla, Alaska,  
United States  
MAY 14, 2014







**Lightening and  
Wildfire**  
King Salmon, Alaska,  
USA  
JUN 20, 2015







**Ushak Lake  
Wildfire**  
Kivalina, Alaska,  
United States  
AUG 15, 2016







**Dump Fire Raises  
Wildfire Concerns**  
Mountain Village,  
Alaska, United States  
JUN 8, 2016







**Smokey Air**  
Anchorage, Alaska,  
United States  
JUN 16, 2015






**Smokey Air**  
Toksook Bay, Alaska,  
United States  
JUL 5, 2015







**Smokey Air**  
Wales, Alaska, United  
States  
JUL 5, 2015





**FILTER BY** [Clear Filter](#)


**Topic**


☐  **Weather** **5**


☐  **Air** **4**


☐  **Land** **4**


☐  **Waters** **4**


☐  **Plants** **3**

☐  **Ice and Snow** **3**

☐  **Land Mammals** **2**

☐  **Seasons** **2**

☐  **Crops/Livestock** **1**

☐  **Pets** **1**

*Showing top 10*

Show observations with **ANY** of the selected

<https://www.leonetwork.org/posts/show/0AEE5BC5-CA83-4070-8D95-6AF2124341B7>

<https://www.leonetwork.org/en/>



# WILDFIRE AND SMOKE: UNDERSTANDING AND PREDICTING HAZARDS IN ALASKA: EMISSION MODELING WITH WRF-CHEM

M. Stuefer, C. Waigl

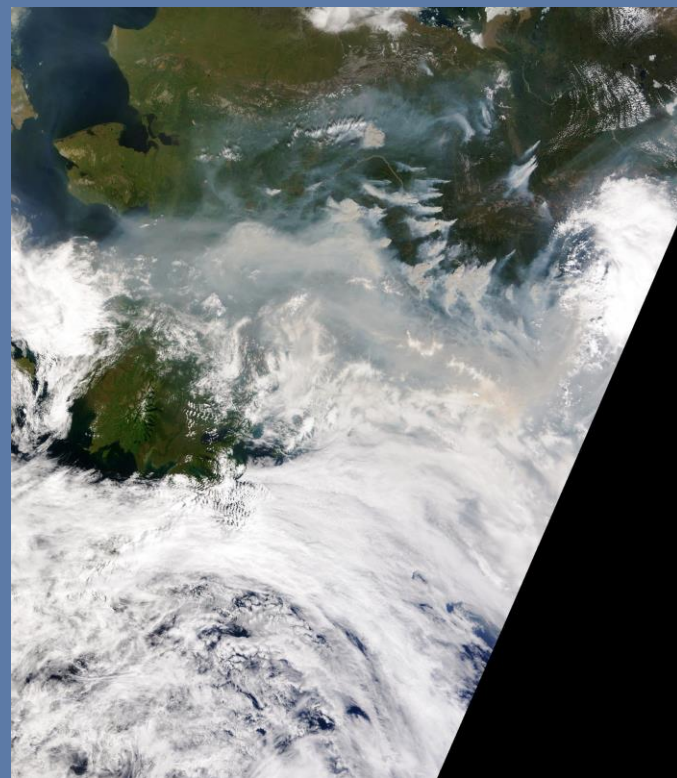
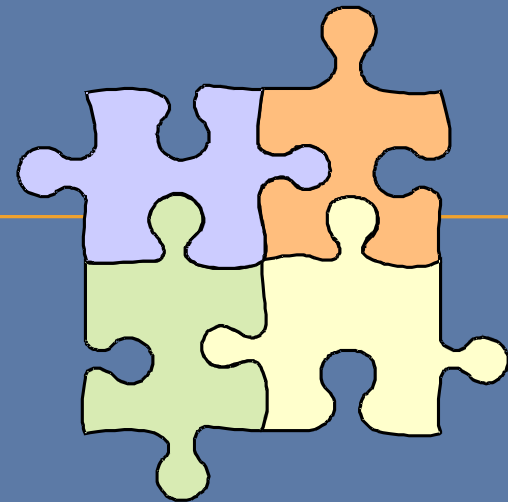
GEOPHYSICAL INSTITUTE, UNIVERSITY OF ALASKA FAIRBANKS



ACCAP/AFSC WEBINAR, 18 April 2017

# OUTLINE

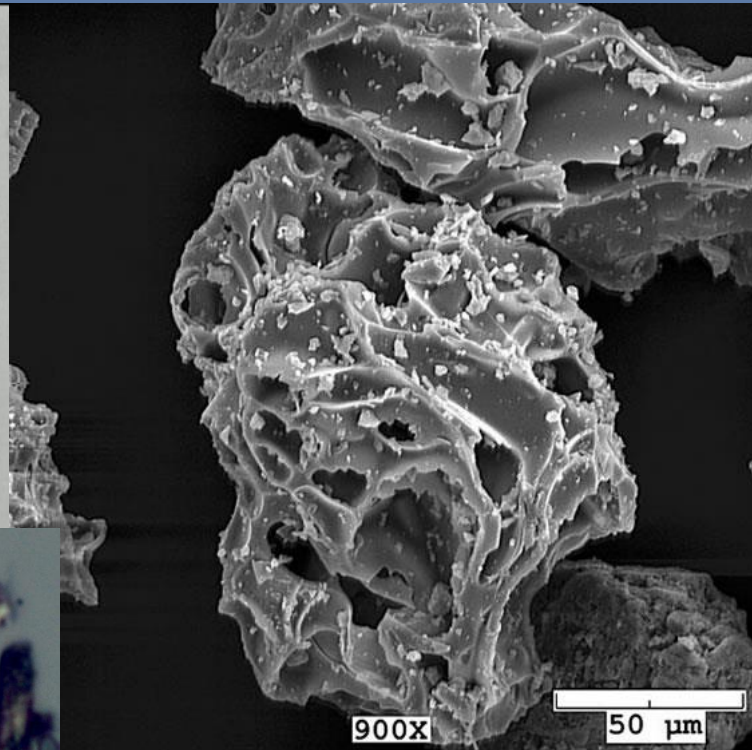
- ❖ Background
- ❖ Resources to Date – Weather Research Forecast Model (WRF) with Chemistry (WRF-CHEM) and the implementation of biomass burn emissions
- ❖ Weather Feedback
- ❖ Airborne Validation and Operational Tool Development Status





# BACKGROUND

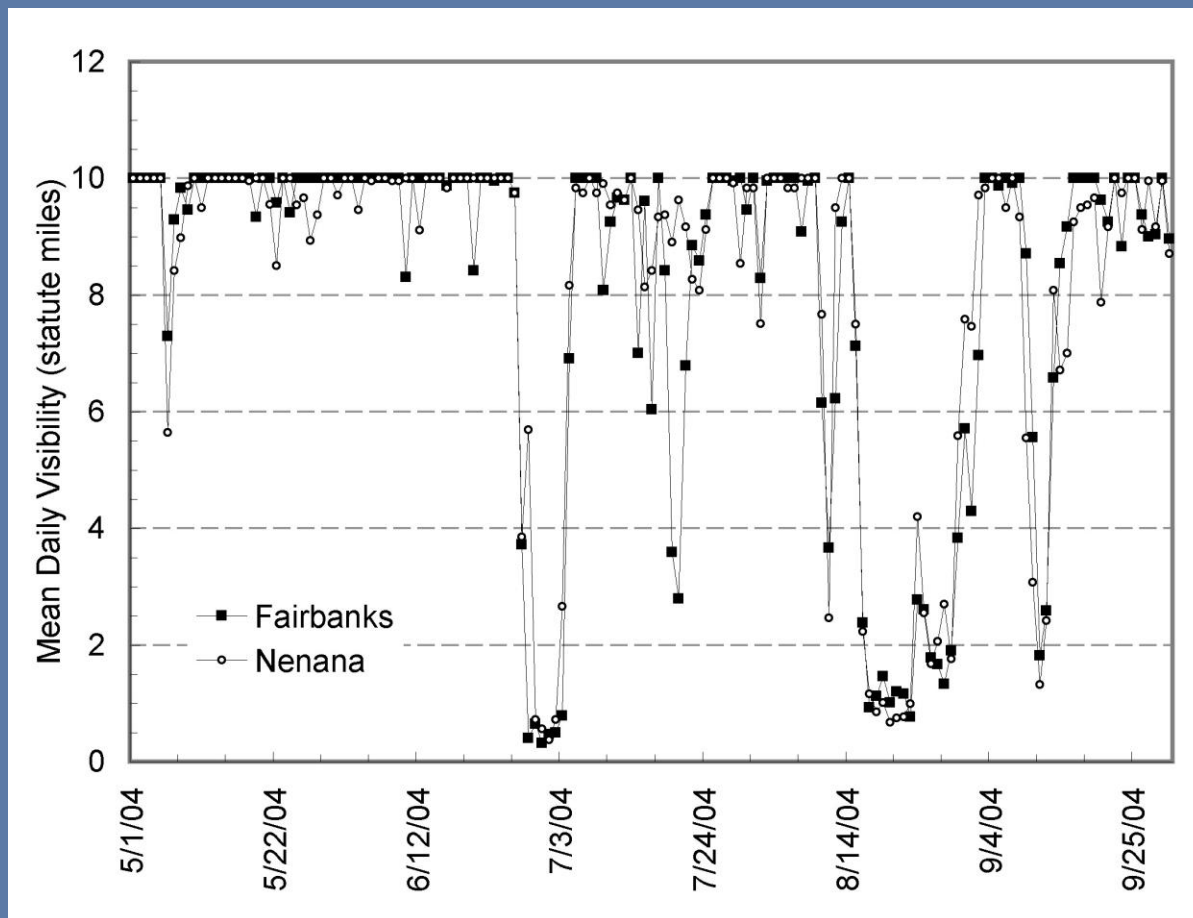
## AEROSOL TYPES







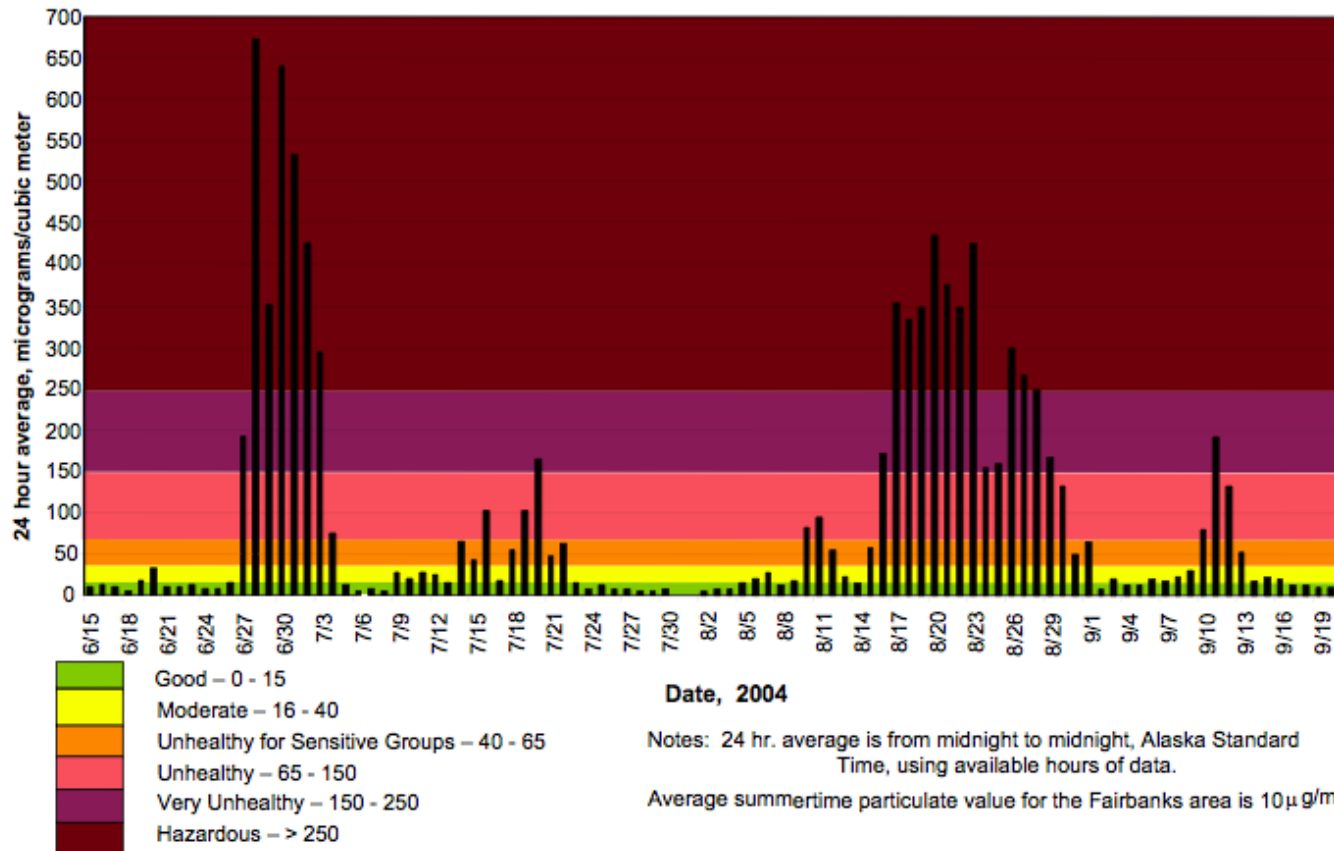
## BACKGROUND



May - September 2004: Average Visibility measured at the 2 locations Fairbanks and Nenana  
Analysis by the [Alaska Climate Research Center](#), University of Alaska Fairbanks

# AIR QUALITY AND SMOKE

**2.5 Micron Airborne Particulate Matter - 24 hour Daily Average Values**  
**Downtown Fairbanks, Alaska: June 15 - September 20, 2004**

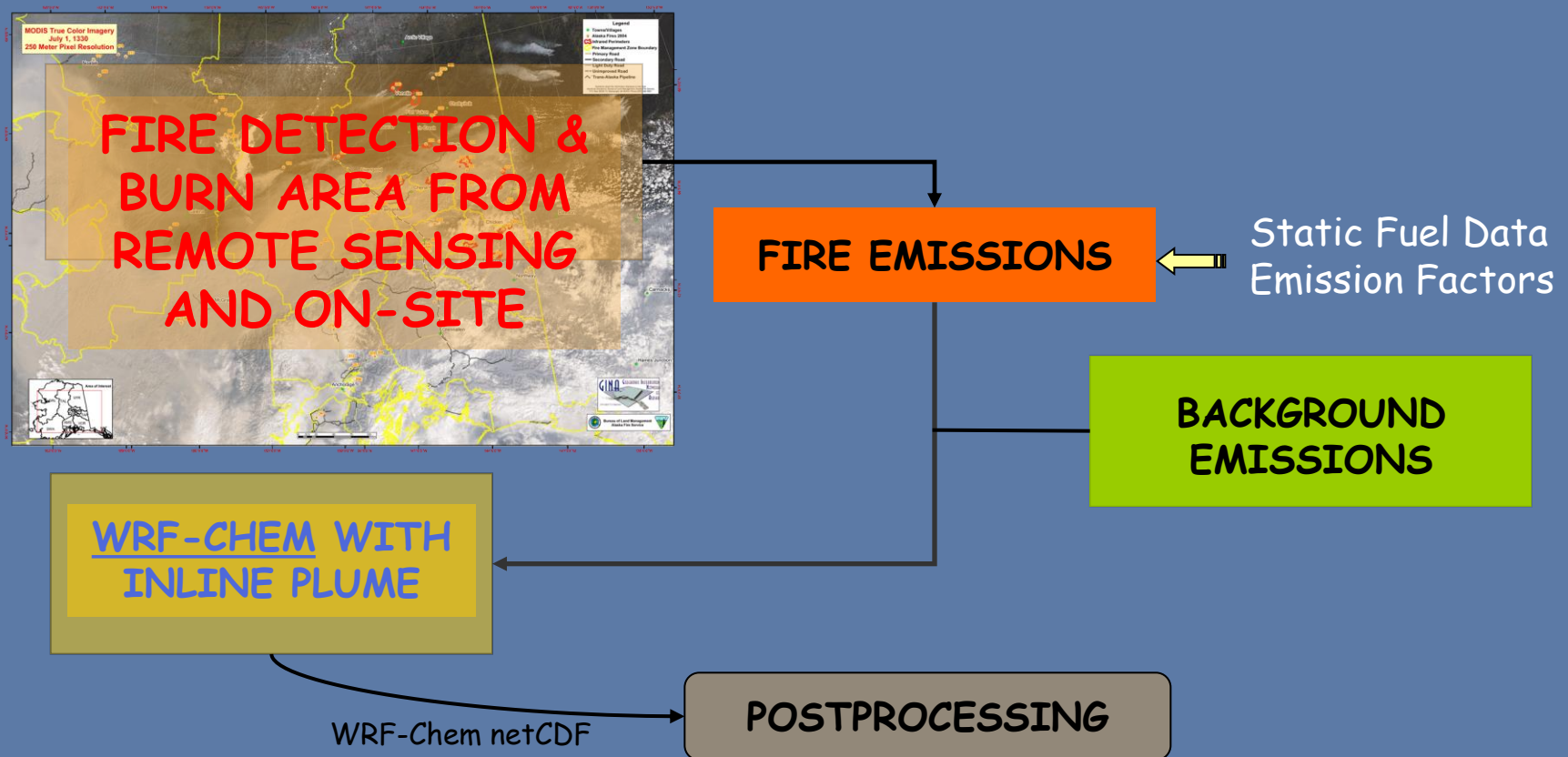


Prepared by the DEC  
 Division of Air Quality  
<http://www.dec.state.ak.us/air/>

Summer 2004:  
 ⇒41 days unhealthy to  
 hazardous in Fairbanks  
 ⇒16 (of the 41) days  
clearly hazardous



# UAFSMOKE SYSTEM [HTTP://SMOKE.ARSC.EDU/](http://smoke.arsc.edu/)

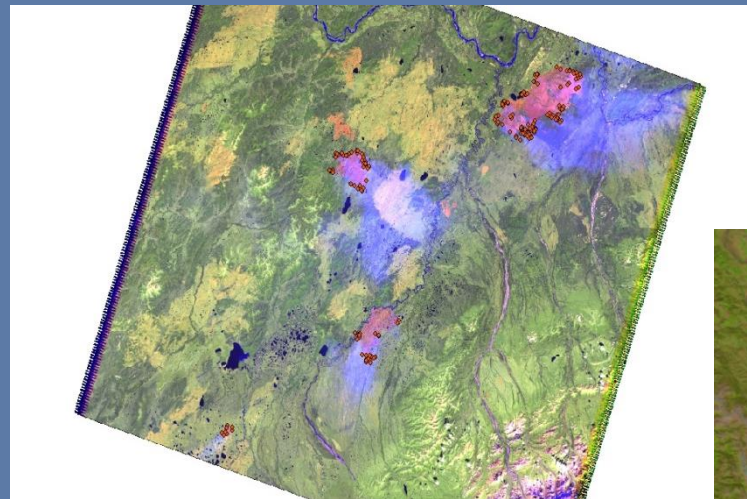


- Weather Research and Forecasting (WRF) model coupled with Chemistry (WRF-CHEM)
- Gridded hourly fire emissions vertically distributed with the plume rise model as source for WRF/Chem.

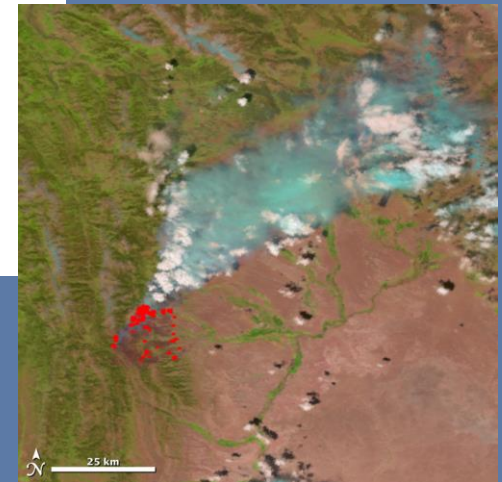
# HYBRID FIRE PRODUCTS AS WILDFIRE SOURCE – SATELLITE REMOTE SENSING

Fire source data from the Alaska Interagency Coordination Center (AICC). In synergy we use VIIRS thermal anomalies and MODIS fire hotspots. Satellite products are compared to AICC data and optionally serve as direct input to the smoke model system.

- ✗ MODIS and VIIRS thermal anomalies.
- ✗ Additional Landsat Thematic Mapper (TM) sensor data, which include a middle infrared channel ( $2.08\text{--}2.35\ \mu\text{m}$ ).
- ✗ => 30 m high spatial resolution sensor, which permits active fires to be detected. A 700 K fire that occupies 20% of the 30 m pixel will saturate the middle infrared TM channel.
- ✗ => A single Landsat TM scenes covers typically areas of about 150 times 150 miles.
- ✗ => Airborne FLIR data



Landsat TM from July 7, 2009  
showing fires south of Galena.



Fires detected by VIIRS



# FIRE EMISSIONS => 'FIXED EMISSION FACTORS'

---

Emitted tracer mass  $E$  for a certain fire species  $i$  from biomass burning is estimated according to:

$$E_i = a * b * CE * e_i$$

$a$ : burning area  
 $b$ : fuel loading  
 $CE$ : combustion efficiency (above-ground biomass available for burning)  
 $e_i$ : emission factor

- Fuel load factors published by Wiedinmyer et al. 2006.
- Andrae and Merlet's (2001) comprised necessary emission factors in order to relate various fuel-load types involved in **biomass burning to emissions**.

# PREP\_CHEM\_SOURCES

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Emission data generator package; developed by Saulo Freitas and Karla Longo, Brazil  
Center for Weather Forecasting and Climate Studies, implemented into WRF/Chem

Gridded emission fluxes ( $\text{kg}/\text{m}^2$ ).

## Biomass burning / wildfire emissions

**Brazilian Biomass Burning Emission Model** (Freitas et al. 2005; Longo et al., 2007)

Emission Factors from Andrae and Merlet, 2001, 110 chemical species, 6 types of biomass

**GFEDv2**: Global Fire Emissions Database (van der Werf et al., 2006): 8 days/monthly –  $1^\circ \times 1^\circ$

## Anthropogenic sources

**RETRO**: REanalysis of the **TRO**pospheric chemical composition over the past 40  
years, global,  $0.5^\circ \times 0.5^\circ$ , monthly

**EDGAR**: Emission Database for Global Atmospheric Research, global,  $1^\circ \times 1^\circ$ , annually

## Biogenic sources

**GEIA**: Global Emissions Inventory Activity,  $1^\circ \times 1^\circ$

**GOCART**: Goddard Chemistry Aerosol Radiation and Transport model,  $1^\circ \times 1.25^\circ$ ,  
monthly, anthropogenic and natural sources



# ALASKA DAILY SMOKE FORECASTS



## UAFSMOKE

Wildfire Smoke Prediction for Alaska

### List of current fires

Last updated: 17 Apr 2017, 14:50. Data from the [Alaska Interagency Coordination Center](#), which is currently tracking 6 fires in Alaska (active, smoldering or in the process of being demobilized). Circles represent the size, but not the shape, of the fire.



local: <10 acres (0.04 km<sup>2</sup>)



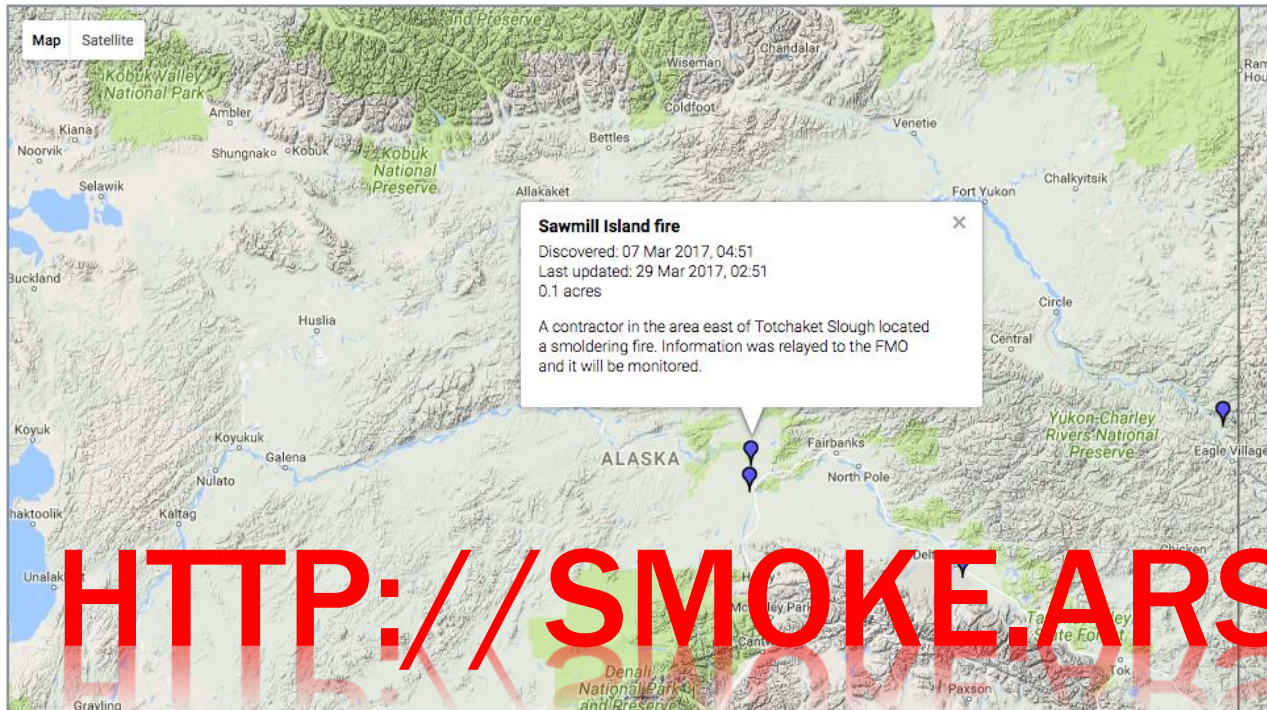
moderate: 10 to 250 acres (0.04-1 km<sup>2</sup>)



large: 250 to 2500 acres (1-10 km<sup>2</sup>)



very large: >2500 acres (10 km<sup>2</sup>)



⇒ **72 hour** Smoke WX

⇒ GFS meteorological initial and boundary conditions

⇒ **daily** during the fire season

⇒ Forecast graphics at

⇒ Chemistry: GOCART simple aerosol scheme, no O<sub>3</sub>

⇒ WSM 5-class scheme microphysics

⇒ RRTM longwave

⇒ Dudhia shortwave

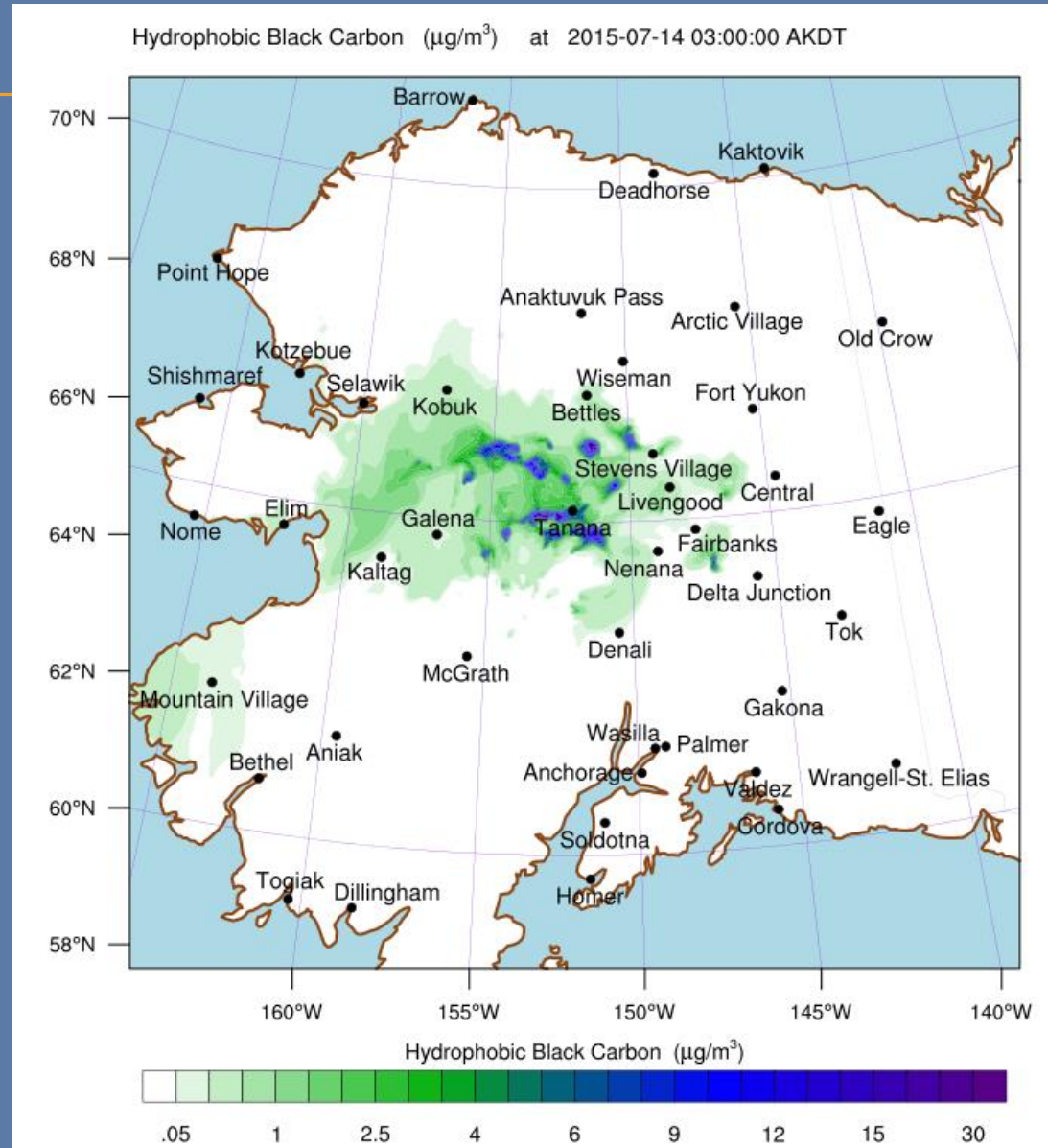
⇒ YSU boundary layer scheme

# HTTP://SMOKE.ARSC.EDU/

# NEAR REAL-TIME FORECASTS

<http://smoke.arsc.edu/>

## Example Black Carbon

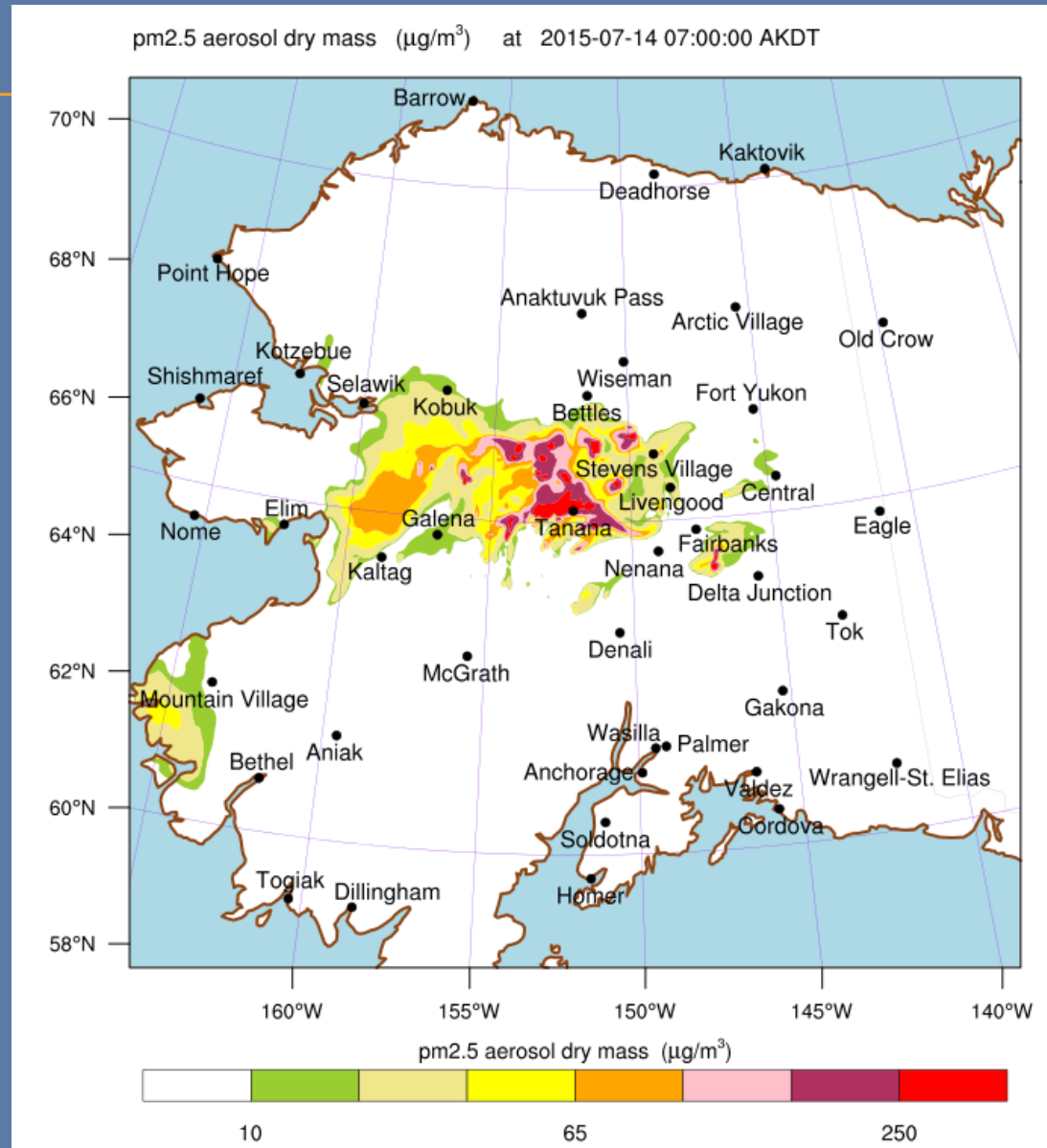




# NEAR REAL-TIME FORECASTS

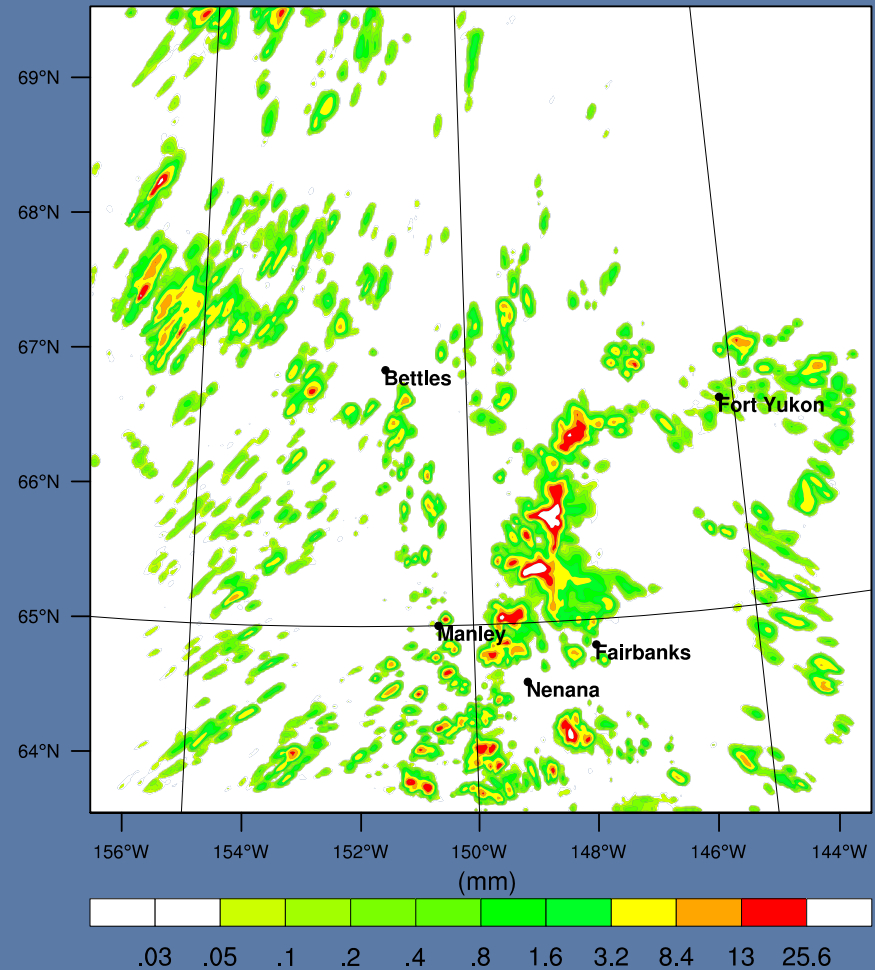
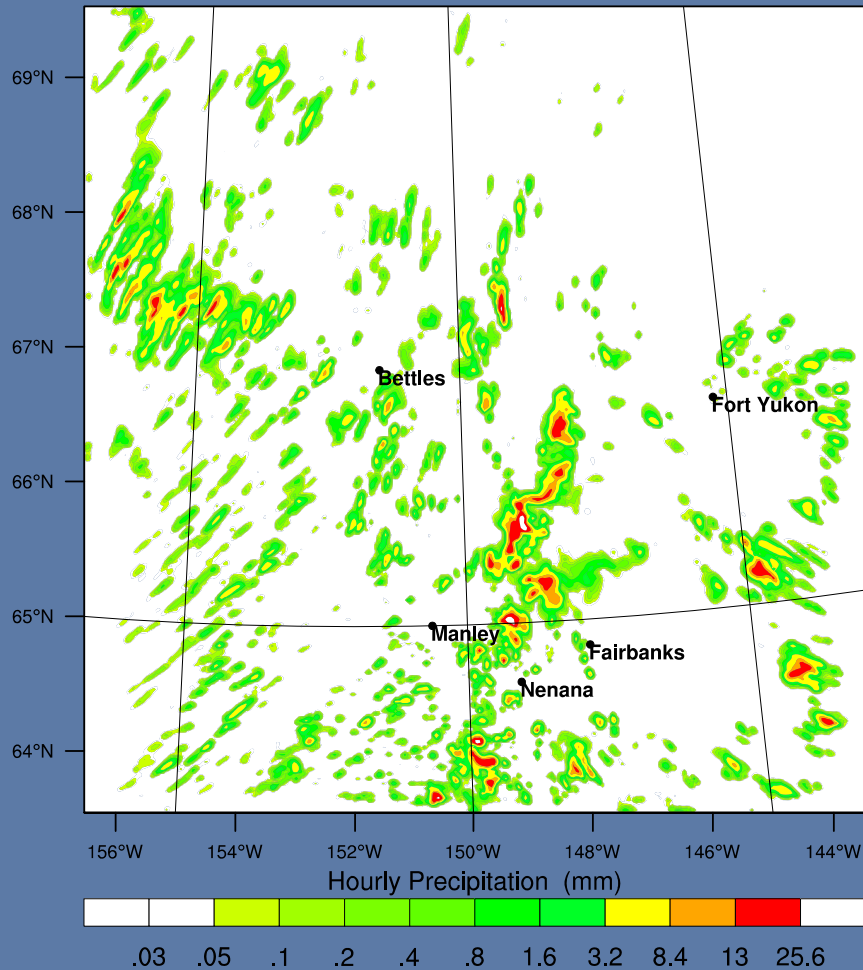
<http://smoke.arsc.edu/>

Example PM 2.5



# SMOKE IMPACTS WEATHER? $\Rightarrow$ PRECIPITATION

Without Fires      0000UTC, July 4, 2004      With Fires

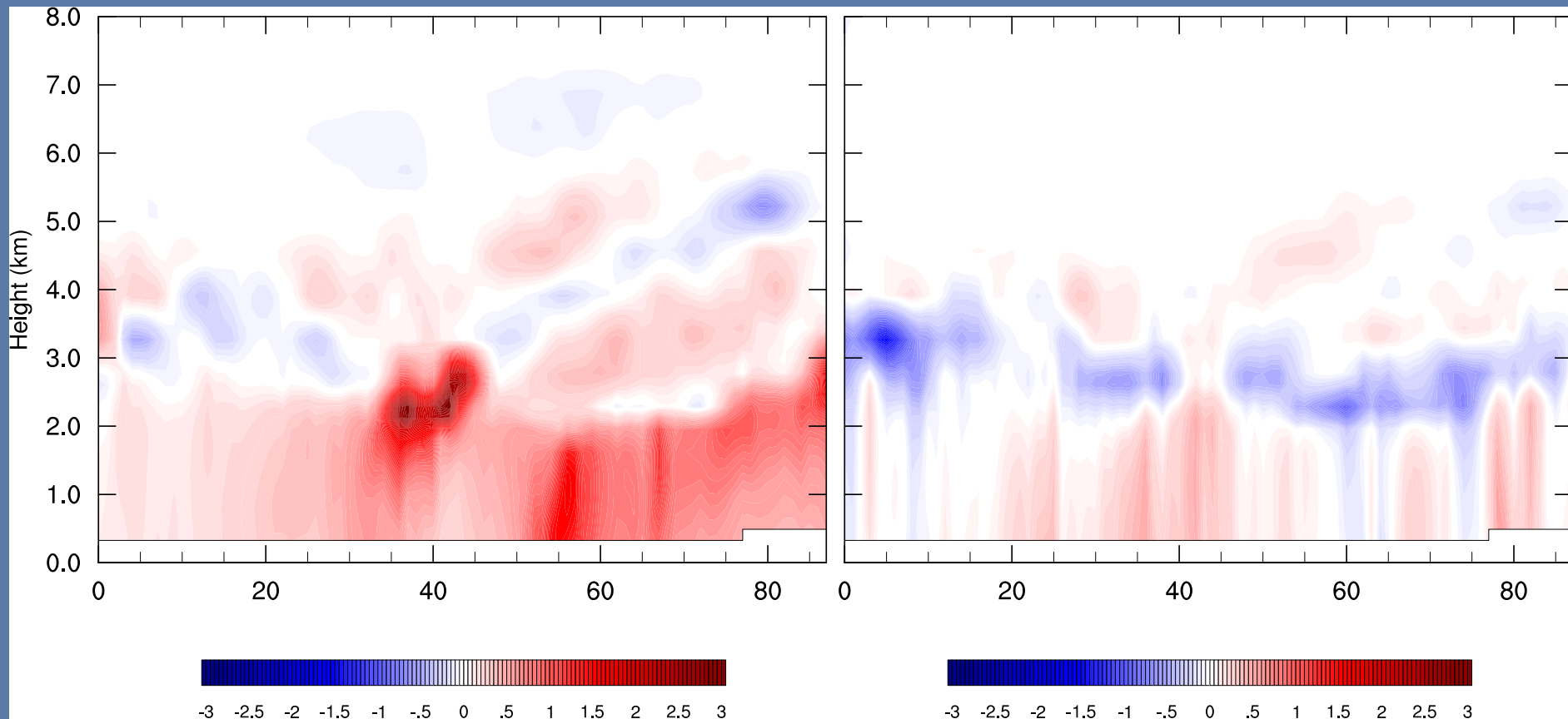




# IMPACTS WEATHER? $\Rightarrow$ TEMPERATURE AND WATER VAPOR

Temperature difference ( $^{\circ}\text{C}$ )

Water vapor difference ( $\text{g/kg}$ )



Cross section: July 4, 2004

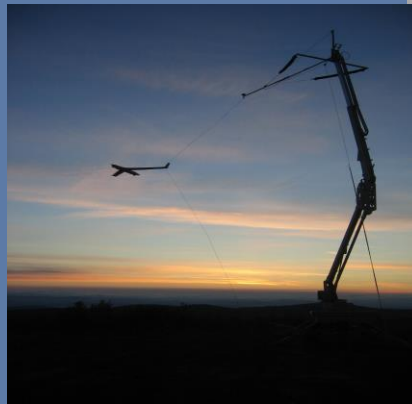
Grell et al., 2011, Atmos. Chem. Phys., 11, 5289–5303

# MODEL VERIFICATION

## Data:

- with ground based reference data: PM measurement data from State and Local Air Monitoring Stations (SLAMS) and Special Purpose Monitoring Stations (SPM) are available.
- LIDAR
- Sun photometer and aerosol measurement data from the US Department of Energy - Atmospheric Radiation Measurement (ARM) program.
- Multiangle imaging spectroradiometer (MISR) data & additional satellite sensing data are available for model comparison.
- UAS measurements in future
- PUBLIC FEEDBACK

Geophysical Institute,  
University of Alaska  
ACUASI UAS program

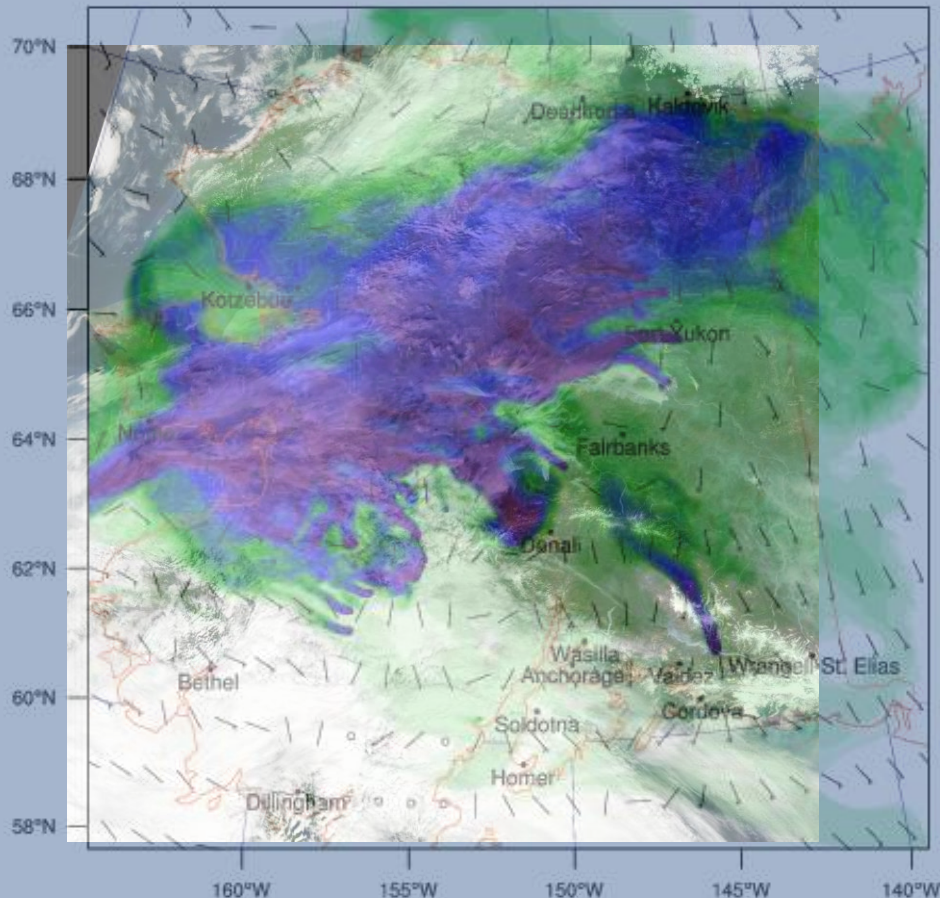


US DOE Atmospheric Radiation  
Measurement

# 2009: FORECAST COMPARISON WITH MODIS

Hydrophobic Black Carbon ( $\mu\text{g}/\text{m}^3$ )

AKDT 2009-08-04\_13:00:00

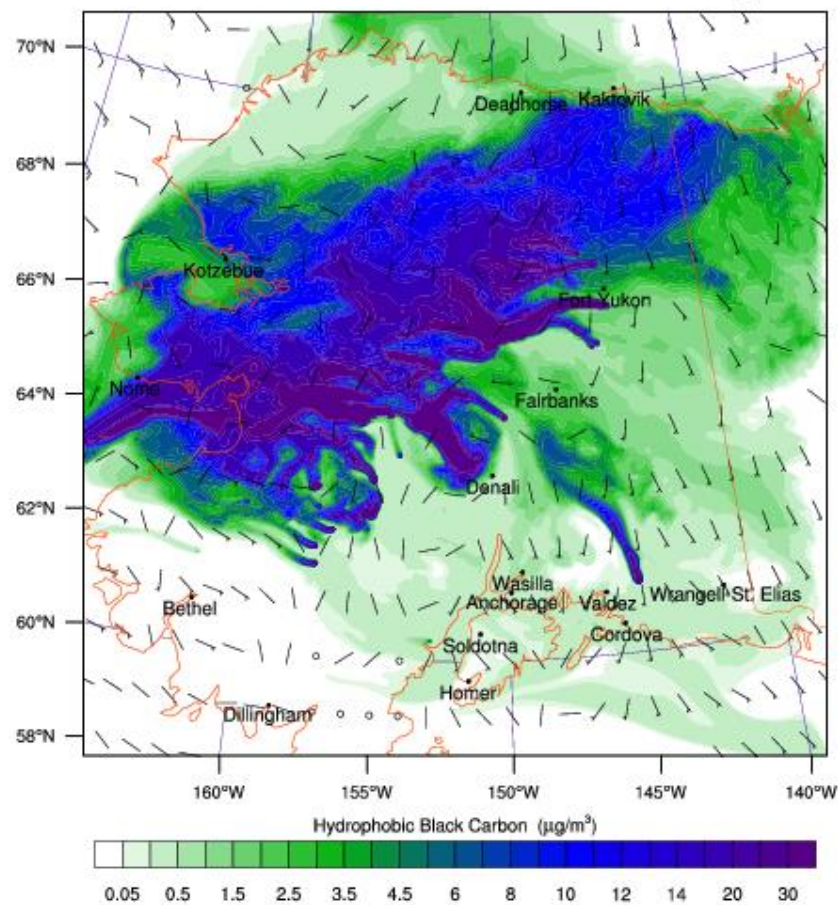


MODIS - TERRA 4 Aug 2009 01:14 PM AKDT

Data courtesy Geographic Information Network of Alaska

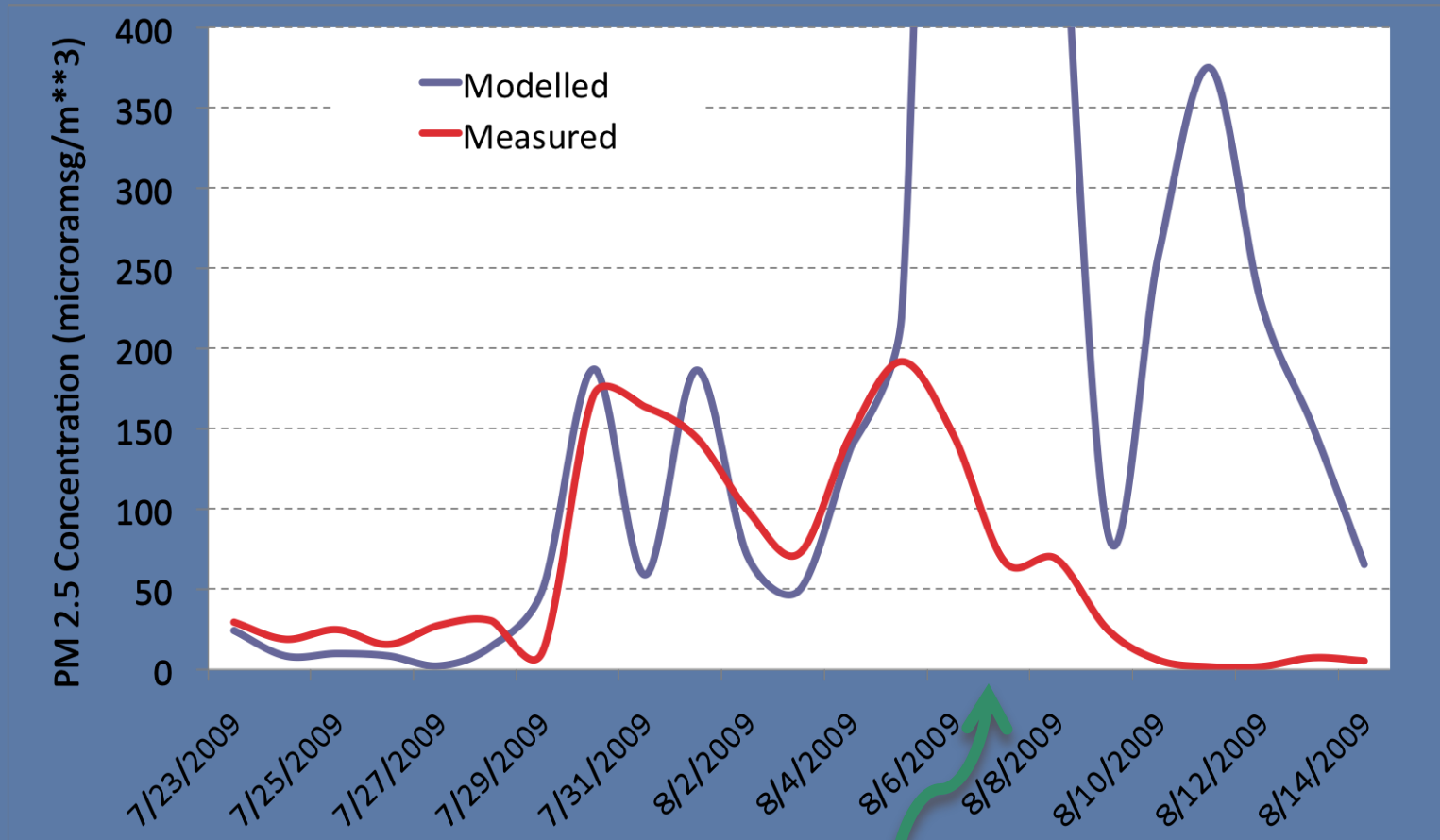
Hydrophobic Black Carbon ( $\mu\text{g}/\text{m}^3$ )

AKDT 2009-08-04\_13:00:00





## 2009: FORECAST COMPARISON FOR PARTICULATE MATTER (PM2.5)



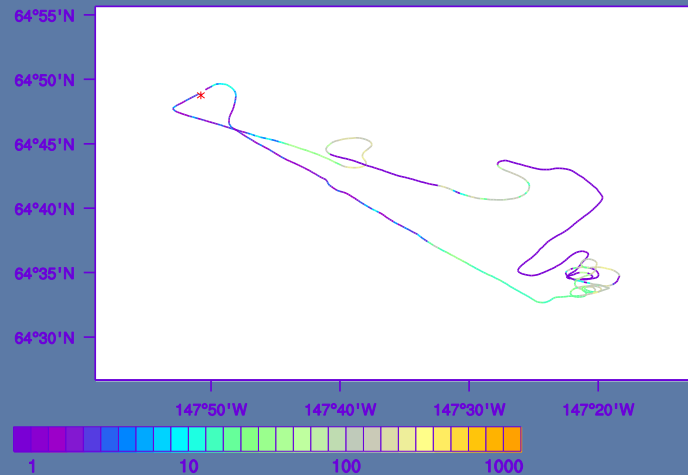
Wood River Fire size updated by 15735 acres

Measurement Source: Fairbanks North Star Borough

# VERIFICATION- DRY CREEK FIRE 2012

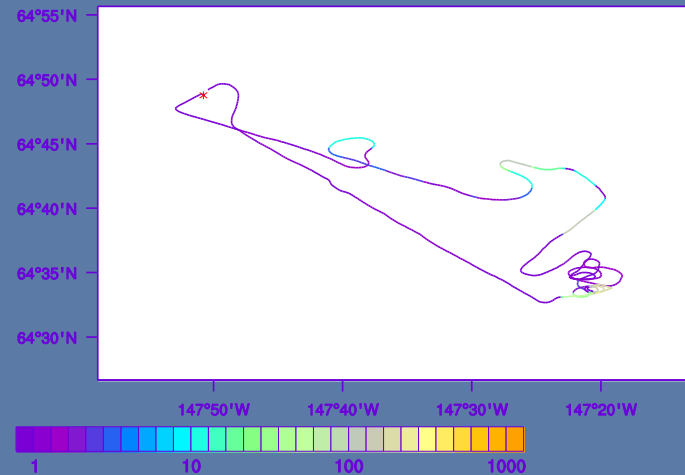
## OBSERVED

Particulate Matter 10 ( $\mu\text{g m}^{-3}$ )



## WRF-CHEM -- MADE/SORGAM

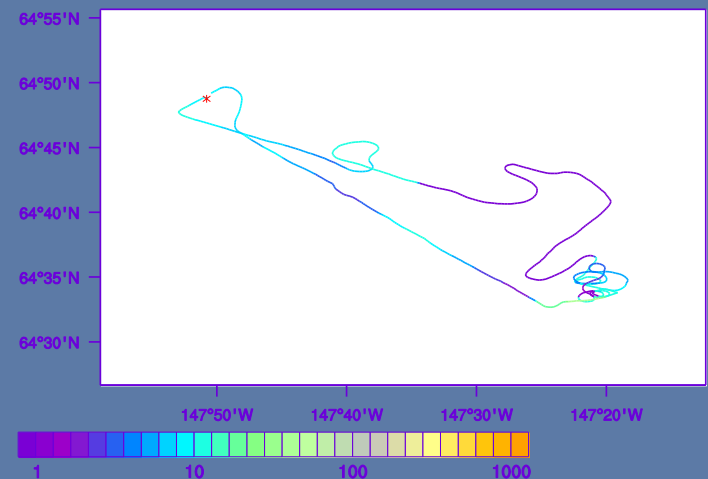
Particulate Matter 10 ( $\mu\text{g m}^{-3}$ )



Simulation with different aerosol modules

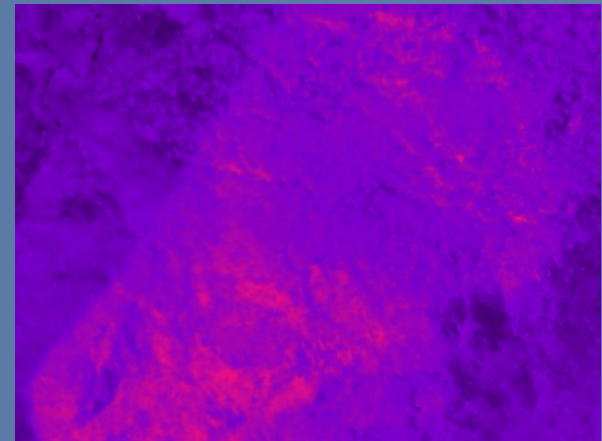
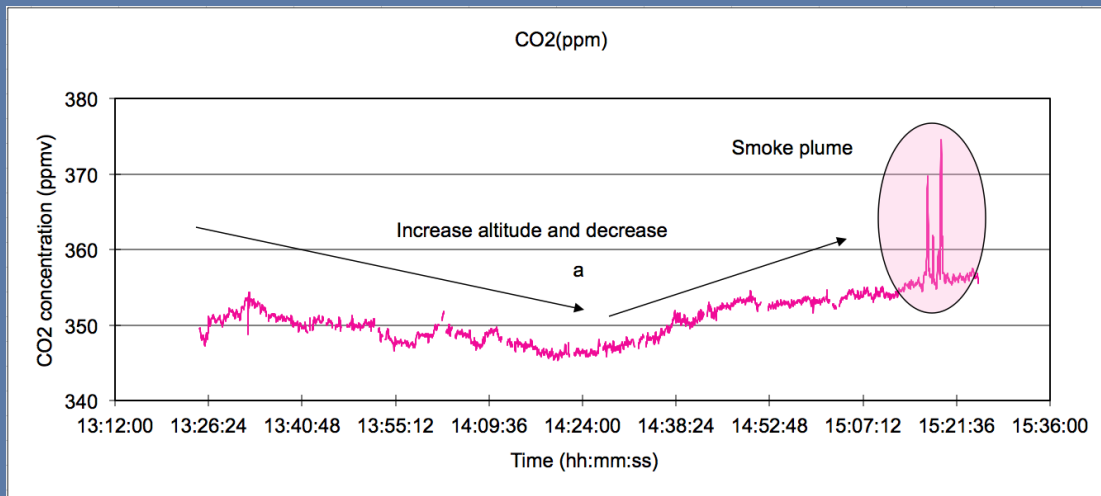
## WRF-CHEM -- GOCART

Particulate Matter 10 ( $\mu\text{g m}^{-3}$ )



# VERIFICATION

- Airborne optical particle counter (Grimm Particle Spectrometer)
- FLIR IR Imaging
- Hyperspectral Fire Data

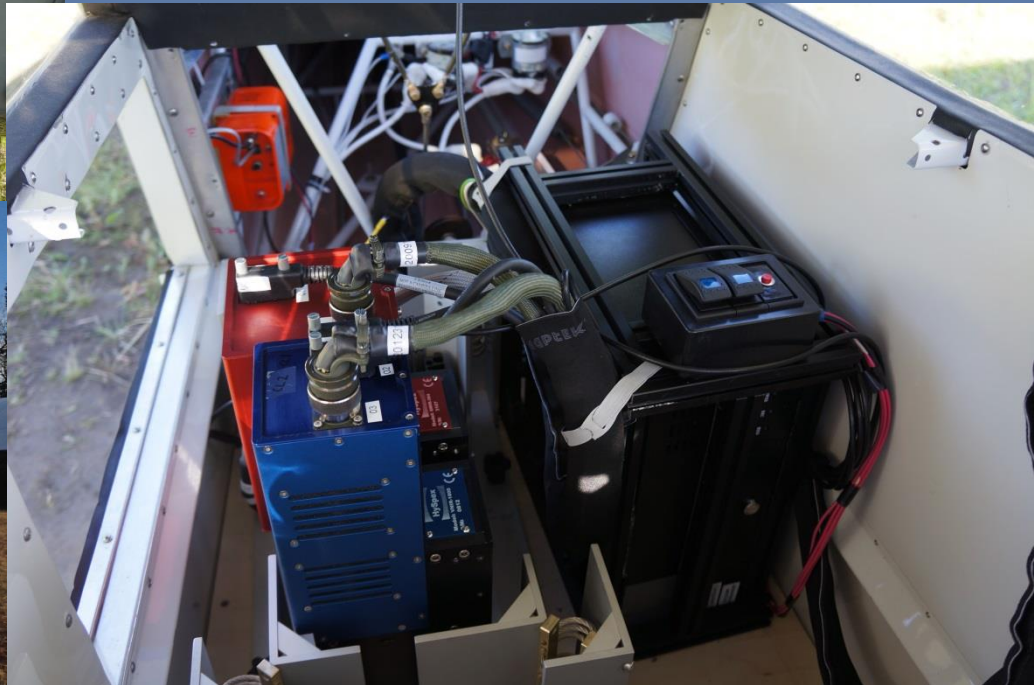




# VERIFICATION



- HySpex VNIR-1800 and SWIR-384 cameras
- integrated with an IMAR iTrace RT-F400 IMU/GPS (Inertial Measurement Unit / Global Positioning System)
- passive vibration dampening



# SUMMARY - PLANS

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- New real time <http://smoke.arsc.edu/> WRF-Chem model applications will be available in 2017
- Focus on fire source: a main challenge for near real time air-quality modeling
- Airborne low-cost observations available.
- GOES-R Products: Aerosol (detection, optical depth, particle size), cloud and visibility Products
- New: We are working on the development of 'VOLC-WRF' in synergy to UAFSmoke. VOLC-WRF implements volcanic eruptions into the WRF/Chem forecast system.
- **EVALUATION, EVALUATION, EVALUATION, EVALUATION, EVALUATION, EV**

CONTACT: [MSTUEFER@ALASKA.EDU](mailto:MSTUEFER@ALASKA.EDU)

# Health Effects of Wood Smoke

**Stacey Cooper**  
**Environmental Public Health Program**  
**Alaska Section of Epidemiology**





# Sources of Wood Smoke

## **Outdoor**

- Wildfires
- Outdoor wood boilers
- Your neighbor's barbecue/fire pit

## **Indoor**

- Fireplace
- Wood stove
- Coal or pellet stove

# Particulate Matter (PM) Size

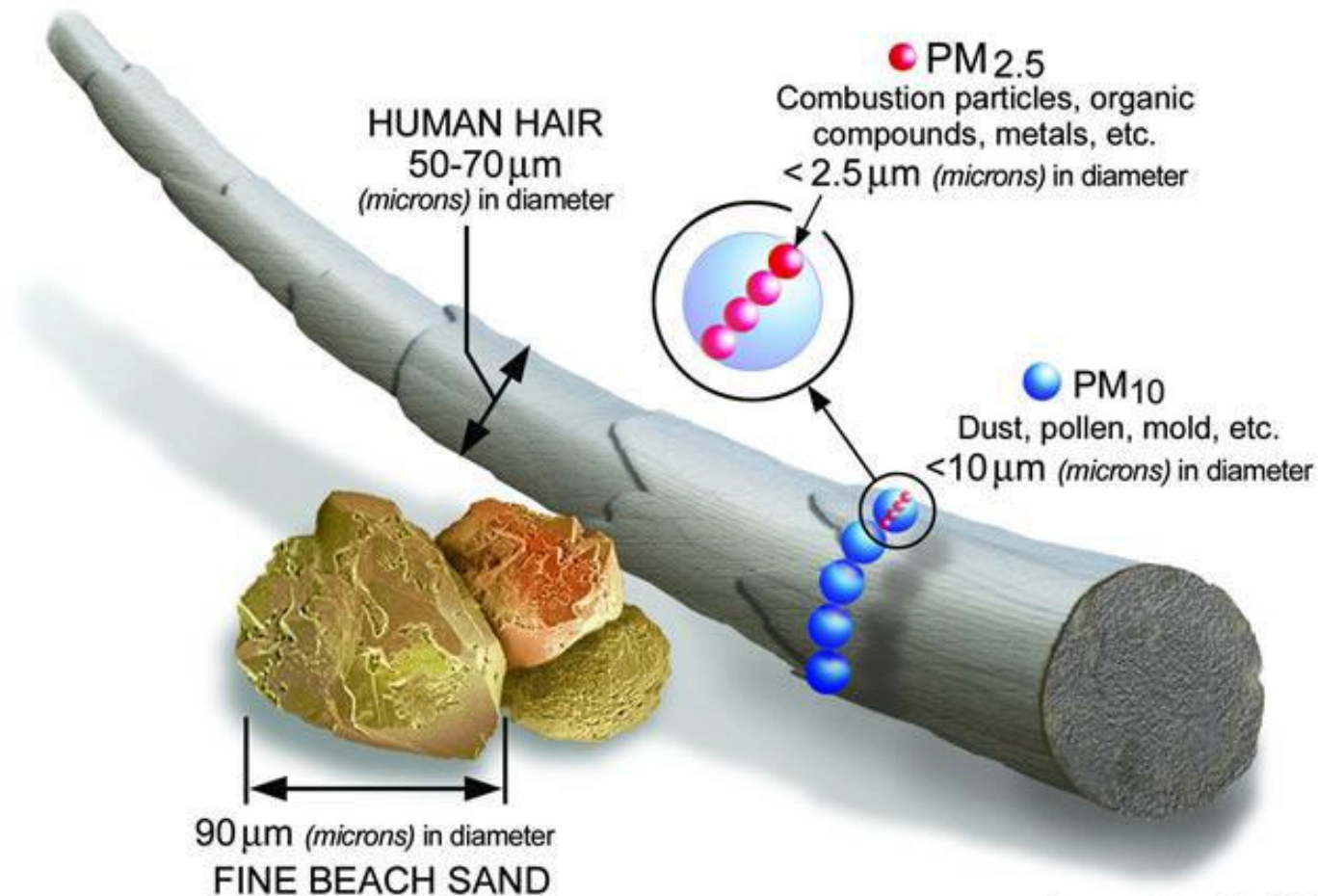


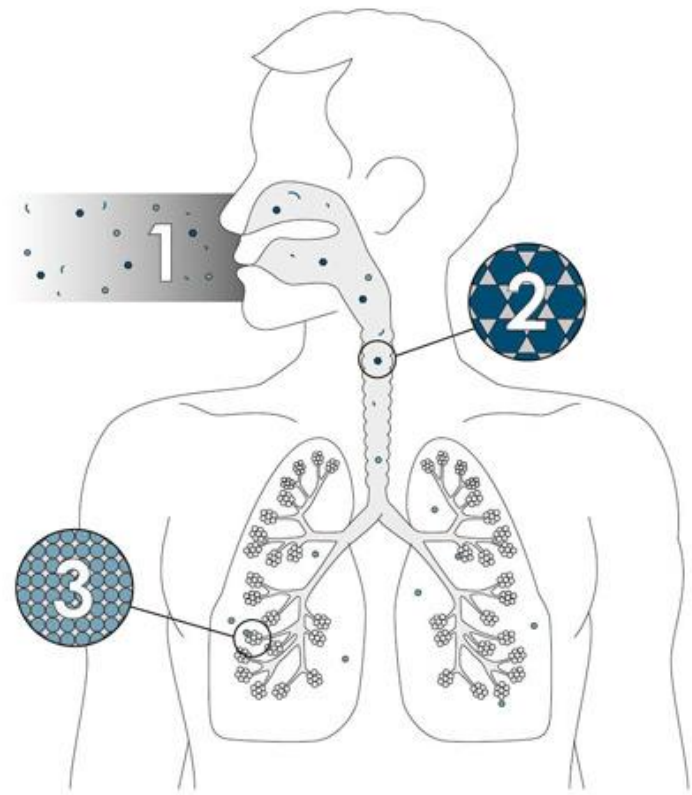
Image courtesy of the U.S. EPA

PM > 10 microns unlikely to make it past the head region when inhaled

# Particulate Matter and Components Enter Lungs and Reach Other Body Parts

1. PM  $> 10\mu\text{m}$  likely eliminated by coughing, sneezing, swallowing.
2. PM  $5 - 10\mu\text{m}$  in trachea/pharynx region
3. PM  $< 5\mu\text{m}$  in lungs,  
PM  $< 2.5\mu\text{m}$  in alveoli

→ Lung and heart problems





# Health Effects

## ***Short Term***

- Irritated eyes, nose, throat
- Exacerbate asthma
- Acute bronchitis
- Irregular heart beat
- Heart attack
- Headache
- Stroke

## ***Long Term***

- Reduced lung function
- Chronic bronchitis
- Lung cancer
- Heart disease
- Premature death



# Sensitive Populations

- The risks of adverse health effects associated with exposure to fine particles varies through life.
- The likelihood of developing adverse health effects is
  - Higher in early childhood
  - Lower in adolescents and young adults
  - Increasing in middle- through old-age, as the incidence of heart and lung diseases increases



# Sensitive Populations

- Children

- Lungs are still developing
- Spend more time outside
- Engage in vigorous activities
- Breathe more air per body weight



- Pregnant women

- Potential harm to fetus
  - Some evidence of low birth rates when mothers were exposed to wildfire smoke<sup>1</sup>
- Increased respiratory rate
- Increased blood and plasma volume



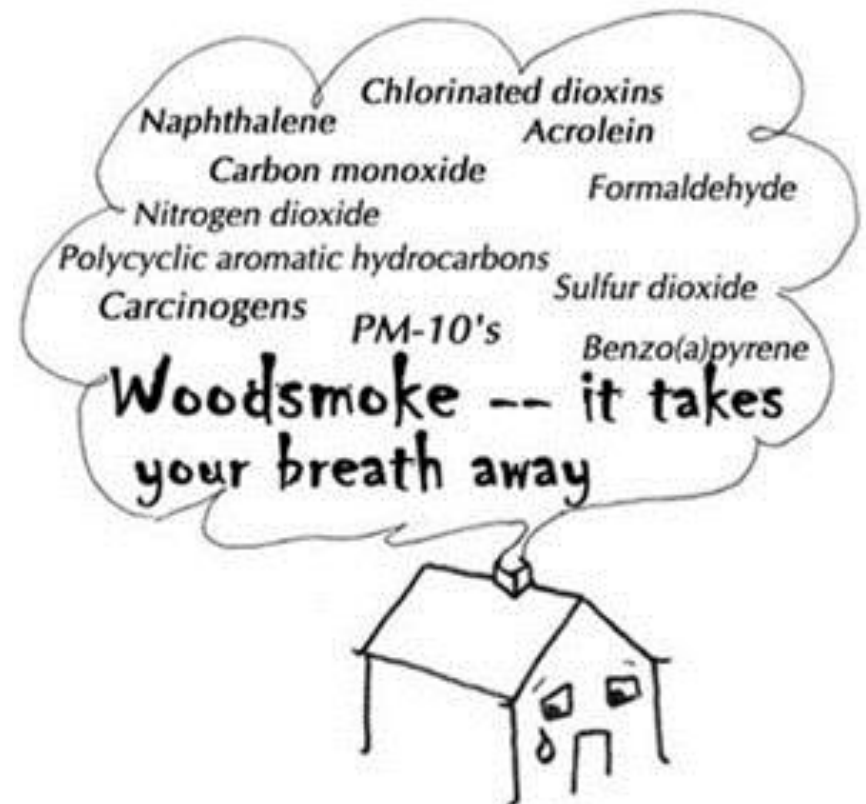
# Sensitive Populations

- Older adults
  - Are more likely to suffer from pre-existing heart or respiratory conditions
  - Decrease in defense mechanisms with age
- People with pre-existing respiratory conditions
  - Asthma
  - Chronic Obstructive Pulmonary Disease
- People with pre-existing cardiovascular conditions
  - Hypertension
  - Heart Failure
  - Coronary artery disease
  - Cerebrovascular conditions (atherosclerosis)

# How to tell if you're affected

## Experiencing:

- Coughing
- Scratchy throat
- Irritated sinuses
- Shortness of breath
- Chest pain
- Headaches
- Stinging eyes
- Runny nose



**Smoke may make pre-existing respiratory conditions worse**

Source: <http://burningissues.org/>

# How can I protect myself?

- Stay indoors if possible, close windows
- If too hot inside, shelter elsewhere (e.g. school, other community shelter)
- Reduce physical activity
- Minimize other sources of air pollution (e.g. smoking, wood stove, candles).
- Wear an N95 respirator mask
- Close windows in car if driving
- Use a portable air purifier (HEPA filter)





# How can I protect myself?

## **Setting up a clean room in your house:**

- Keep windows and doors closed
- Set up an appropriately sized air purifier (HEPA filter) for the room
- Don't burn anything
- Don't vacuum
- Keep the room clean



# How can I protect myself?

- Monitor Air Quality Advisories issued by the state
- People can sign up for alerts or check the latest local air quality conditions on DEC's website
  - <http://dec.alaska.gov/Applications/Air/airtoolsweb/Advisories>

AQI Category (AQI Values)	Visibility (miles)	PM2.5 or PM10 ( $\mu\text{g}/\text{m}^3$ )- 24 hr avg	Cautionary Statements
Good	$\geq 11$	0-12	None
Moderate	6-10	12.1-35.4	Unusually sensitive people should consider reducing prolonged or heavy exertion.
Unhealthy for Sensitive Groups	3-5	35.5-55.4	People with heart or lung disease, the elderly and children should reduce prolonged or heavy exertion.
Unhealthy	1.5-2.75	55.5-150.4	People with respiratory or heart disease, the elderly and children should avoid prolonged exertion; everyone else should limit prolonged exertion
Very Unhealthy	1-1.25	150.5-250.4	People with respiratory or heart disease, the elderly and children should avoid any outdoor activity; everyone else should avoid prolonged exertion
Hazardous	<1	>250.5-500	Everyone should avoid any outdoor exertion; people with respiratory or heart disease, the elderly and children should remain indoor

# Resources

## Environmental Public Health Program's Webpage

<http://dhss.alaska.gov/dph/Epi/eph/Pages/wildfire/default.aspx>



Alaska Department of  
**Health and Social Services**

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Health and Social Services > Public Health > Epidemiology > Environmental Public Health > Wildfire Smoke

### Wildfire Smoke

#### Documents

- > [Fire and Smoke Health Concerns: Frequently Asked Questions](#)   
*Revised 07/01/15*
- > [Steps to Reduce Exposure to Wildfire Smoke in Rural Alaska](#)   
*07/13/15*
- > [Health Threat From Wildfire Smoke - Fact Sheet](#)   
*Centers for Disease Control and Prevention*
- > [Weathering the Heat in Alaska](#) 
- > [Extreme Heat: A Prevention Guide to Promote Your Personal Health and Safety](#)  (2.9 MB)  
*Centers for Disease Control and Prevention*
- > [Air Quality Index: A Guide to Air Quality and Your Health](#)  (905 KB)  
*Environmental Protection Agency*

#### Links

- > [Latest DEC Air Quality Advisories](#)  
*Alaska Division of Air Quality*
- > [DEC Wildfire Smoke Page](#)  
*Alaska Division of Air Quality*
- > [DEC Division of Air Quality](#)  
*Alaska Division of Air Quality*
- > [Wildfire Smoke - A Guide for Public Health Officials](#)  (1.4 MB)  
*California Department of Environmental Quality*

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# Resources

## Environmental Public Health Program's Webpage



THE STATE  
of ALASKA  
GOVERNOR BILL WALKER

Health and

DIVISION

July 1, 2015

### Fire and Smoke Health Concerns Frequently Asked Questions

#### What is the health threat from fires and smoke?

Smoke from wildfires is a mixture of gases and fine particles from burning trees and other organic materials. Smoke can hurt your eyes, irritate your respiratory system, and worsen chronic health conditions. *If you are experiencing serious medical problems for any reason, seek medical treatment.*

#### How can I tell if the smoke is affecting my family or me?

- Smoke can cause coughing, scratchy throat, irritated sinuses, shortness of breath, headaches, stinging eyes, and runny nose.
- If you have heart or lung disease, smoke might make your symptoms worse.
- People who have heart disease might experience chest pain, rapid heartbeat, and fatigue.
- Smoke may worsen symptoms for people who have pre-existing respiratory conditions, asthma, and chronic obstructive pulmonary disease (COPD) in the following ways:
  - Inability to breathe normally
  - Cough with or without mucus
  - Chest discomfort
  - Wheezing and shortness of breath
  - When smoke levels are high enough, even healthy people may experience symptoms.

*If you have asthma or another lung disease, follow your health care provider's asthma management plan. Call your health care provider if your symptoms worsen and to determine whether and when you should leave the area.*



THE STATE  
of ALASKA  
GOVERNOR BILL WALKER

Department of  
Health and Social Services

DIVISION OF PUBLIC HEALTH  
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### STEPS TO REDUCE EXPOSURE TO WILDFIRE SMOKE IN RURAL ALASKA July 13, 2015

#### MONITOR AIR QUALITY ADVISORIES

Communities are advised to

- Monitor state-issued air quality reports and stay alert to any news coverage or health warnings related to smoke.
- Find out if the Department of Environmental Conservation has an Air Quality Index (AQI) for their area/community. The AQI, based on data from local air quality monitors or other data sources, informs you about the daily air quality in your area and about precautions that can be taken to protect your health. You are encouraged to sign up for alerts or check the latest air quality conditions here:  
<http://dec.alaska.gov/Applications/Air/airtoolsweb/Advisories>
- The following is an example of an AQI table:

AQI Category (AQI Values)	Visibility - Arid Conditions (miles)	PM2.5 or PM10 <sup>1</sup> Levels (µg/m <sup>3</sup> ) - 24 hour average	Cautionary Statements
Good (0 to 50)	≥ 11	0-12	None
Moderate (51 to 100)	6-10	12.1-35.4	Unusually sensitive people should consider reducing prolonged or heavy exertion.
Unhealthy for Sensitive Groups (101 to 150)	3-5	35.5-55.4	People with heart or lung disease, the elderly and children should reduce prolonged or heavy exertion.
Unhealthy (151 to 200)	1.5-2.75	55.5-150.4	People with respiratory or heart disease, the elderly and children should avoid prolonged exertion; everyone else should limit prolonged exertion.
Very Unhealthy (201 to 300)	1-1.25	150.5-250.4	People with respiratory or heart disease, the elderly and children should avoid any outdoor activity; everyone else should avoid prolonged exertion.
Hazardous	<1	>250.5-500	Everyone should avoid any outdoor exertion; people with respiratory or heart disease, the elderly and children should remain indoors.



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